

# Gym Schedules

Effective: January 4, 2026

 Sorenson Multi-Cultural Center | 855 California Ave., Salt Lake City

<b>Small Gym</b>	
<b>Open Gym</b>	
<b>Monday</b>	8 am–3 pm 6 pm–9 pm
<b>Tuesday</b>	8 am–3 pm 6 pm–9 pm
<b>Wednesday</b>	8 am–3 pm
<b>Thursday</b>	8 am–3 pm 6 pm–9 pm
<b>Friday</b>	8 am–3 pm 6 pm–8 pm
<b>Saturday</b>	9 am–1 pm
<b>Sunday</b>	10 am–2:30 pm
<b>Open Volleyball Play</b>	
<b>Wednesday</b>	6 pm–9 pm
<b>Saturday</b>	1 pm–5 pm

<b>Large Gym</b>	
<b>Open Gym</b>	
<b>Monday</b>	8 am–9 am 11 am–9 pm
<b>Tuesday</b>	8 am–9 pm
<b>Wednesday</b>	8 am–9 am 11 am–9 pm
<b>Thursday</b>	8 am–9 pm
<b>Friday</b>	8 am–8 pm
<b>Saturday</b>	9 am–5 pm
<b>Sunday</b>	10 am–2:30 pm
<b>Open Pickleball Play</b>	
<b>Mon/Wed/Fri</b>	9 am–11 am

\*Gym Schedule subject to change, please contact the front desk for updates!