

# Lap Lane Availability

As of December 4th 2025

## Monday

Time	# Open Lanes
5:30 am–8:30 pm	3

## Tuesday

Time	# Open Lanes
5:30 am–8:30 am	3
8:30 am–10:45 am	1
10:45 am–3 pm	3
6 pm–8:30 pm	1

## Wednesday

Time	# Open Lanes
5:30 am–8:30 pm	3

## Thursday

Time	# Open Lanes
5:30 am–8:30 am	3
8:30 am–10:45 am	1
10:45 am–3 pm	3
6 pm–8:30 pm	1

## Friday

Time	# Open Lanes
5:30 am–9 am	3
9 am–10 am	1
10 am–7:30pm	3

## Saturday

Time	# Open Lanes
7 am–8:30 am	3
12 pm–5:30 pm	3

## Sunday

Time	# Open Lanes
9 am–2:30 pm	3

Lane availability subject to change. Contact front desk or check website for updates and event closures.



### Holladay Lions Rec Center

1661 E Murray Holladay Rd.  
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