MY COUNTY REC PASS

Calendar of Activities AUGUST

All Dates & Times are Subject to Change





slco.to/my-county-rec-pass

MY COUNTY REC PASS

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AUGUST ACORD ICE CENTER								
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
					1	2		
					Public Skate - 11:30a - 1:30p	Public Skate - 1:15p -3:15p		
3	4	5	6	7	8	9		
Public Skate - 10:15a - 12:15p	Public Skate - 11:30a - 1:15p	Public Skate - 11:30a - 1:15p	Public Skate - 11:30a - 1:15p	Public Skate - 11:30a - 1:15p	Public Skate - 11:30a - 1:15p	Public Skate - 1:00p -3:00p		
10	11	12	13	14	15	16		
Public Skate - 10:15a - 12:15p	Public Skate - 11:30a - 2:30p	Public Skate - 11:30a - 2:30p	Public Skate - 11:30a - 2:30p	Public Skate - 11:30a - 2:30p	Public Skate - 11:30a - 2:30p	Public Skate - 1:15p -3:15p		
17		19				23		
Public Skate - 10:15a - 12:15p	Public Skate - 11:30a - 2:30p Public Skate 6:45p-8:45p	Public Skate - 11:30a - 2:30p	Public Skate - 1:15p -3:15p					
24	25	26	27	28	29	30		
Public Skate - 10:15a - 12:15p	Public Skate - 12:30p - 2:30p Public Skate 6:45p-8:45p	Public Skate - 11:30a - 2:30p	Public Skate - 1:15p -3:15p					
31								
Public Skate - 10:15a - 12:15p					IMPORTANT IN	IFORMATION		
					Additional Fee for Skates ar	nd Helmets.		
		EVENIT	AMENITY & DESCRIPT	IONS				

Schedule is subject to change. Please call Acord for up to date programming (385) 468-1965





SUNDAY		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						Fitness Room - 7a - 9p Open Rec Room/Game Room - 3p - 7p Open Gym/Basketball - 7a - 8p	Fitness Room - 9a - 2p Open Gym/Basketball - 9a - 2
	3	4	5	6	7	8	
CLOSED		Fitness Room - 7a - 9p Open Rec Room/Game Room - 3p - 7p Open Gym/Basketball - 7a - 9p	Fitness Room - 7a - 9p Open Rec Room/Game Room - 3p - 7p Open Gym/Basketball - 7a - 9p	Fitness Room - 7a - 9p Open Rec Room/Game Room - 3p - 7p Open Gym/Basketball - 7a - 2p Game Night 4p - 7p	Fitness Room - 7a - 9p Open Rec Room/Game Room - 3p - 7p Open Gym/Basketball - 2p - 9p	Fitness Room - 7a - 9p Open Rec Room/Game Room - 3p - 7p Open Gym/Basketball - 7a - 8p	Fitness Room - 9a - 2p Open Gym/Basketball - 9a - 2
	10	11	12	13	14	15	1
CLOSED		Fitness Room - 7a - 9p Open Rec Room/Game Room - 3p - 7p Open Gym/Basketball - 7a - 9p	Fitness Room - 7a - 9p Open Rec Room/Game Room - 3p - 7p Open Gym/Basketball - 7a - 9p	Fitness Room - 7a - 9p Open Rec Room/Game Room - 3p - 7p Open Gym/Basketball - 7a - 2p Field Trip - Liberty Park Pool 4p-7p	Fitness Room - 7a - 9p Open Rec Room/Game Room - 3p - 7p Open Gym/Basketball - 2p - 9p	Fitness Room - 7a - 9p Open Rec Room/Game Room - 3p - 7p Open Gym/Basketball - 7a - 8p	Fitness Room - 9a - 2p Open Gym/Basketball - 9a - 2
	17	18	19	20	21	22	2
CLOSED		Fitness Room - 7a - 9p Open Rec Room/Game Room - 3p - 7p Open Gym/Basketball - 7a - 9p	Fitness Room - 7a - 9p Open Rec Room/Game Room - 3p - 7p Open Gym/Basketball - 7a - 9p	Fitness Room - 7a - 9p Open Rec Room/Game Room - 3p - 7p Open Gym/Basketball - 7a - 2p Field Trip - Hike the Hills 4p-7p	Fitness Room - 7a - 9p Open Rec Room/Game Room - 3p - 7p Open Gym/Basketball - 2p - 9p	Fitness Room - 7a - 9p Open Rec Room/Game Room - 3p - 7p Open Gym/Basketball - 7a - 8p	Fitness Room - 9a - 2p Open Gym/Basketball - 9a - 2
	24	25	26	27	28	29	
CLOSED		Fitness Room - 7a - 9p Open Rec Room/Game Room - 3p - 7p Open Gym/Basketball - 7a - 9p	Fitness Room - 7a - 9p Open Rec Room/Game Room - 3p - 7p Open Gym/Basketball - 7a - 9p	Fitness Room - 7a - 9p Open Rec Room/Game Room - 3p - 7p Open Gym/Basketball - 7a - 2p Field Trip - Northwest Rec 4p-7p	Fitness Room - 7a - 9p Open Rec Room/Game Room - 3p - 7p Open Gym/Basketball - 2p - 9p	Fitness Room - 7a - 9p Open Rec Room/Game Room - 3p - 7p Open Gym/Basketball - 7a - 8p	Fitness Room - 9a - 2p Open Gym/Basketball - 9a - 2
	31						
CLOSED						IMPORTANT INFO Fitness Room - Must be 16 years or (14/15 must have a fitness certificat Track - Must be 10 years or older	older

Open Gym/Basketball Come join us for basketball!

Open Rec Room/Game Room Table tennis, fooseball, air hockey, Giant jenga, Connect 4, Pacman, legos, coloring books, etc.

Schedule is subject to change. Please call Central City for up to date programming (385) 468-1550





	AUGUST COPPERVIEW RECREATION CENTER								
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
					1	2			
					Fitness Room - 6a - 8p	Fitness Room - 8a - 4p			
					Open Gym - LG Gym - 11a - 8p	Open Gym - LG Gym - 8a - 4p			
					Open Gym - SM Gym - 11a - 8p	Open Gym - SM Gym - 1p - 4p			
					Arts & Crafts - 4p - 5p				
3	4	5	6	7	8	9			
Fitness Room - 9a - 1p	Fitness Room - 6a - 8p	Fitness Room - 6a - 8p	Fitness Room - 6a - 8p	Fitness Room - 6a - 8p	Fitness Room - 6a - 8p	Fitness Room - 8a - 4p			
Open Gym - LG Gym - 9a - 1p	Open Gym - LG Gym - 8a - 8p	Open Gym - LG Gym - 3p - 5:30p	Open Gym - LG Gym - 8a - 8p	Open Gym - LG Gym - 8a - 8p	Open Gym - LG Gym - 8a - 8p	Open Gym - LG Gym - 8a - 4p			
	Open Gym - SM Gym - 8a - 5p	Open Gym - SM Gym - 8a - 8p	Open Gym - SM Gym - 8a - 5p	Open Gym - SM Gym - 8a - 5p	Open Gym - SM Gym - 8a - 8p	Open Gym - SM Gym - closed			
		Cooking with Molly - 4:30p-5:30p		Cooking with Molly - 4:30p-5:30p	Arts & Crafts - 4p - 5p				
10		12	13	14	15	16			
Fitness Room - 9a - 1p	Fitness Room - 6a - 8p	Fitness Room - 6a - 8p	Fitness Room - 6a - 8p	Fitness Room - 6a - 8p	Fitness Room - 6a - 8p	Fitness Room - 8a - 4p			
Open Gym - LG Gym - 9a - 1p	Open Gym - LG Gym - 8a - 8p	Open Gym - LG Gym - 3p - 5:30p	Open Gym - LG Gym - 8a - 4:30 p	Open Gym - LG Gym - 8a - 5:30p	Open Gym - LG Gym - 8a - 8p	Open Gym - LG Gym - 1p - 4p			
Open Gym - SM Gym - 9a - 1p	Open Gym - SM Gym - 8a - 5p	Open Gym - SM Gym - 8a - 8p	Open Gym - SM Gym - 8a - 5p	Open Gym - SM Gym - 8a - 4p	Open Gym - SM Gym - 8a - 8p	Open Gym - SM Gym - 8p - 4p			
		Cooking with Molly - 4:30p-5:30p		Cooking with Molly - 4:30p-5:30p	Arts & Crafts - 4p - 5p				
17	18		20	=-	22	23			
Fitness Room - 9a - 1p	Fitness Room - 6a - 8p	Fitness Room - 8a - 2p	Fitness Room - 6a - 8p	Fitness Room - 6a - 8p	Fitness Room - 6a - 8p	Fitness Room - 8a - 4p			
	Open Gym - LG Gym - 8a - 5:30p	Open Gym - LG Gym - 3p - 5:30p	Open Gym - LG Gym - 8a - 8p	Open Gym - LG Gym - 8a - 8p	Open Gym - LG Gym - 8a - 8p	Open Gym - LG Gym - 8a - 4p			
Open Gym - SM Gym - 9a - 1p	Open Gym - SM Gym - 8a - 8p	Open Gym - SM Gym - 8a - 8p	Open Gym - SM Gym - 8a - 8p	Open Gym - SM Gym - 8a - 5p	Open Gym - SM Gym - 8a - 8p	Open Gym - SM Gym - 8a- 11a			
		Cooking with Molly - 4:30p-5:30p		Cooking with Molly - 4:30p-5:30p	Arts & Crafts - 4p - 5p				
24	25	•	27	28	T = -				
Fitness Room - 9a - 1p	Fitness Room - 6a - 8p	Fitness Room - 8a - 2p	Fitness Room - 6a - 8p	Fitness Room - 6a - 8p	Fitness Room - 6a - 8p	Fitness Room - 8a - 4p			
Open Gym - LG Gym - 9a - 1p	Open Gym - LG Gym - 8a - 8p	Open Gym - LG Gym - 3p - 5:30p	Open Gym - LG Gym - 8a - 8p	Open Gym - LG Gym - 8a - 8p	Open Gym - LG Gym - 8a - 8p	Open Gym - LG Gym - 8a - 4p			
Open Gym - SM Gym - 9a - 1p	Open Gym - SM Gym - 8a - 8p	Open Gym - SM Gym - 8a - 8p	Open Gym - SM Gym - 8a - 8p	Open Gym - SM Gym - 8a - 5p	Open Gym - SM Gym - 8a - 8p	Open Gym - SM Gym - 8p - 4p			
		Cooking with Molly - 4:30p-5:30p		Cooking with Molly - 4:30p-5:30p	Arts & Crafts - 4p - 5p				
31									
Fitness Room - 9a - 1p					IMPORTANT IN				
Open Gym - LG Gym - 9a - 1p					Fitness Room - Must be 16 ye	ars or older			
Open Gym - SM Gym - 9a - 1p					(14/15 must have a fitness ce	rtification)			
		EVEI	NT/ AMENITY & DESCRIPTION	ONS					

Schedule is subject to change. Please call Copperview for up to date programming (385) 468-1515





		AUGUST	COUNTY	ICE CENTE	R	
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	
						Public Skate - 12:00p - 1:30p
3	4	J	6	7	8	·
Public Skate 1:15p - 2:45p			Public Skate - 11:15a - 12:45p			Public Skate - 12:00p - 1:30p
10	11	12	13	14	15	16
Public Skate 1:15p - 2:45p	Public Skate - 1:00p - 2:30p		Public Skate - 1:00p - 2:30p		Public Skate - 1:00p - 2:30p	
17	18	19	20	21	22	2:
	Public Skate - 10:00a - 11:30c	Public Skate - 1:15p - 2:45p	Public Skate - 1:15p - 2:45p	Public Skate - 1:15p - 2:45p	Public Skate - 10:00a - 11:30a	Public Skate - 12:00p - 1:30p
24	25	26	27	28	29	3
Public Skate 1:15p - 2:45p	Public Skate - 10:00a - 11:30c	Public Skate - 1:15p - 2:45p	Public Skate - 1:15p - 2:45p	Public Skate - 1:15p - 2:45p	Public Skate - 10:00a - 11:30a	
31						
Public Skate 1:15p - 2:45p					IMPORTANT II	
					Additional Fee for Skates and	d Helmets.
		EVI	NT/ AMENITY & DESCR	RIPTIONS		
			-			

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Open Gym - 10a - 3p Open Plunge - 12p - 2:30p Fitness Room /Track - 10a - 3p Open Gym - 10a - 3p Open Plunge - 12p - 2:30p Open Plunge - 12p - 2:30p Teen F 17 Fitness Room /Track - 10a - 3p Open Gym - 10a - 3p Open Gym - 10a - 3p Open Gym - 10a - 3p POOL CLOSED	or older cation)	TUESDAY 5 Fitness Room/Track - 5:30a - 10p Open Gym - 5:30a - 9a, 10a - 10p Open Plunge - 10:30a - 7:30p Supervised Climb - 5p - 7:30p Try it - Tball Event - 5p-8p 12 Fitness Room/Track - 5:30a - 10p Open Gym - 5:30a - 9a, 10a - 10p Open Plunge - 10:30a - 7:30p Supervised Climb - 5p - 7:30p	WEDNESDAY 6	Fitness Room/Track - 5:30a - 10p Open Gym - 5:30a - 8a, 10a - 10p Open Plunge - 10:30a - 7:30p Supervised Climb - 7p - 9p	Fitness Room /Track - 5:30a - 8p Open Gym - 5:30a - 9a, 11a - 8p Open Plunge - 10:30a - 7:30p 15 Fitness Room /Track - 5:30a - 8p Open Gym - 5:30a - 9a, 11a - 8p Open Plunge - 10:30a - 7:30p	Fitness Room /Track - 7a - 8p Open Gym - 7a - 8p Open Plunge - 12p - 7:30p Supervised Climb - 12p - 3p	
Fitness Room - Must be 16 years of (14/15 must have a fitness certificated Track - Must be 10 years or older 3 Fitness Room / Track - 10a - 3p Fitness Open Gym - 10a - 3p Open Plunge - 12p - 2:30p Fitness Room / Track - 10a - 3p Fitnes Open Gym - 10a - 3p Open Open Open Plunge - 12p - 2:30p Team F 17 Fitness Room / Track - 10a - 3p Open Open Open Open Open Open Open Ope	ars Room/Track - 5:30a - 10p ars Gym - 5:30a - 9a, 12p - 10p are Plunge - 10:30a - 7:30p ar Fitness Class - 6:30p - 7:30p Try it - Tball Event - 5p-8p 11 ass Room/Track - 5:30a - 10p ar Gym - 5:30a - 9a, 12p - 10p are Gym - 5:30a - 9a, 12p - 10p are Plunge - 10:30a - 7:30p ar Fitness Class - 6:30p - 7:30p	Open Gym - 5:30a - 9a, 10a - 10p Open Plunge - 10:30a - 7:30p Supervised Climb - 5p - 7:30p Try it - Tball Event - 5p-8p 12 Fitness Room/Track - 5:30a - 10p Open Gym - 5:30a - 9a, 10a - 10p Open Plunge - 10:30a - 7:30p Supervised Climb - 5p - 7:30p	Open Gym - 5:30a - 9a, 11a - 10p Open Plunge - 10:30a - 7:30p Kids Yoga & Mindfulness - 4p - 5:45p Try it - Tball Event - 5p-8p 13 Fitness Room/Track - 5:30a - 10p Open Gym - 5:30a - 9a, 11a - 10p Open Plunge - 10:30a - 7:30p Kids Yoga & Mindfulness - 4p - 5:45p	Fitness Room/Track - 5:30a - 10p Open Gym - 5:30a - 8a, 10a - 10p Open Plunge - 10:30a - 7:30p Supervised Climb - 7p - 9p Try it - Tball Event - 5p-8p 14 Fitness Room/Track - 5:30a - 10p Open Gym - 5:30a - 8a, 10a - 10p Open Plunge - 10:30a - 7:30p Supervised Climb - 7p - 9p	Open Gym - 5:30a - 9a, 11a - 8p Open Plunge - 10:30a - 7:30p 8 Fitness Room /Track - 5:30a - 8p Open Gym - 5:30a - 9a, 11a - 8p Open Plunge - 10:30a - 7:30p 15 Fitness Room /Track - 5:30a - 8p Open Gym - 5:30a - 9a, 11a - 8p Open Gym - 5:30a - 9a, 11a - 8p Open Plunge - 10:30a - 7:30p	Open Gym - 7a - 8p Open Plunge - 12p - 7:30p Supervised Climb - 12p - 3p Teen After Hours Event - 7:30p - 9:30 Fitness Room /Track - 7a - 8p Open Gym - 7a - 8p Open Plunge - 12p - 7:30p Supervised Climb - 12p - 3p I Fitness Room /Track - 7a - 8p Open Gym - 7a - 8p Open Plunge - 12p - 7:30p Supervised Climb - 12p - 3p	
Fitness Room - Must be 16 years of (14/15 must have a fitness certificated). 3 Fitness Room / Track - 10a - 3p Fitness Room / Track - 10a - 3p Open Plunge - 12p - 2:30p Open Track - 10a - 3p Open Gym - 10a - 3p Open Plunge - 12p - 2:30p Open Teen F Track - 10a - 3p Open Plunge - 12p - 2:30p Open Teen F Track - 10a - 3p Open Gym - 10a - 3p Open G	ars Room/Track - 5:30a - 10p ars Gym - 5:30a - 9a, 12p - 10p are Plunge - 10:30a - 7:30p ar Fitness Class - 6:30p - 7:30p Try it - Tball Event - 5p-8p 11 ass Room/Track - 5:30a - 10p ar Gym - 5:30a - 9a, 12p - 10p are Gym - 5:30a - 9a, 12p - 10p are Plunge - 10:30a - 7:30p ar Fitness Class - 6:30p - 7:30p	Open Gym - 5:30a - 9a, 10a - 10p Open Plunge - 10:30a - 7:30p Supervised Climb - 5p - 7:30p Try it - Tball Event - 5p-8p 12 Fitness Room/Track - 5:30a - 10p Open Gym - 5:30a - 9a, 10a - 10p Open Plunge - 10:30a - 7:30p Supervised Climb - 5p - 7:30p	Open Gym - 5:30a - 9a, 11a - 10p Open Plunge - 10:30a - 7:30p Kids Yoga & Mindfulness - 4p - 5:45p Try it - Tball Event - 5p-8p 13 Fitness Room/Track - 5:30a - 10p Open Gym - 5:30a - 9a, 11a - 10p Open Plunge - 10:30a - 7:30p Kids Yoga & Mindfulness - 4p - 5:45p	Fitness Room/Track - 5:30a - 10p Open Gym - 5:30a - 8a, 10a - 10p Open Plunge - 10:30a - 7:30p Supervised Climb - 7p - 9p Try it - Tball Event - 5p-8p 14 Fitness Room/Track - 5:30a - 10p Open Gym - 5:30a - 8a, 10a - 10p Open Plunge - 10:30a - 7:30p Supervised Climb - 7p - 9p	Open Gym - 5:30a - 9a, 11a - 8p Open Plunge - 10:30a - 7:30p 8 Fitness Room /Track - 5:30a - 8p Open Gym - 5:30a - 9a, 11a - 8p Open Plunge - 10:30a - 7:30p 15 Fitness Room /Track - 5:30a - 8p Open Gym - 5:30a - 9a, 11a - 8p Open Gym - 5:30a - 9a, 11a - 8p Open Plunge - 10:30a - 7:30p	Open Gym - 7a - 8p Open Plunge - 12p - 7:30p Supervised Climb - 12p - 3p Teen After Hours Event - 7:30p - 9:30 Fitness Room /Track - 7a - 8p Open Gym - 7a - 8p Open Plunge - 12p - 7:30p Supervised Climb - 12p - 3p I Fitness Room /Track - 7a - 8p Open Gym - 7a - 8p Open Plunge - 12p - 7:30p Supervised Climb - 12p - 3p	
14/15 must have a fitness certificater and state and sta	4 ess Room/Track - 5:30a - 10p en Gym - 5:30a - 9a, 12p - 10p en Plunge - 10:30a - 7:30p Try it - Tball Event - 5p-8p 11 ess Room/Track - 5:30a - 10p en Gym - 5:30a - 9a, 12p - 10p en Gym - 5:30a - 9a, 12p - 10p en Plunge - 10:30a - 7:30p a Fitness Class - 6:30p - 7:30p a Fitness Class - 6:30p - 7:30p	Open Gym - 5:30a - 9a, 10a - 10p Open Plunge - 10:30a - 7:30p Supervised Climb - 5p - 7:30p Try it - Tball Event - 5p-8p 12 Fitness Room/Track - 5:30a - 10p Open Gym - 5:30a - 9a, 10a - 10p Open Plunge - 10:30a - 7:30p Supervised Climb - 5p - 7:30p	Open Gym - 5:30a - 9a, 11a - 10p Open Plunge - 10:30a - 7:30p Kids Yoga & Mindfulness - 4p - 5:45p Try it - Tball Event - 5p-8p 13 Fitness Room/Track - 5:30a - 10p Open Gym - 5:30a - 9a, 11a - 10p Open Plunge - 10:30a - 7:30p Kids Yoga & Mindfulness - 4p - 5:45p	Fitness Room/Track - 5:30a - 10p Open Gym - 5:30a - 8a, 10a - 10p Open Plunge - 10:30a - 7:30p Supervised Climb - 7p - 9p Try it - Tball Event - 5p-8p 14 Fitness Room/Track - 5:30a - 10p Open Gym - 5:30a - 8a, 10a - 10p Open Plunge - 10:30a - 7:30p Supervised Climb - 7p - 9p	8 Fitness Room /Track - 5:30α - 8p Open Gym - 5:30α - 9α, 11α - 8p Open Plunge - 10:30α - 7:30p 15 Fitness Room /Track - 5:30α - 8p Open Gym - 5:30α - 9α, 11α - 8p Open Gym - 5:30α - 9α, 11α - 8p Open Gym - 5:30α - 9α, 11α - 8p	Open Plunge - 12p - 7:30p Supervised Climb - 12p - 3p Teen After Hours Event - 7:30p - 9:30 Fitness Room /Track - 7a - 8p Open Gym - 7a - 8p Open Plunge - 12p - 7:30p Supervised Climb - 12p - 3p I Fitness Room /Track - 7a - 8p Open Gym - 7a - 8p Open Gym - 7a - 8p Open Plunge - 12p - 7:30p Supervised Climb - 12p - 3p	
3 Fitness Room /Track - 10a - 3p Fitness Room /Track - 10a - 3p Open Gym - 10a - 3p Open Plunge - 12p - 2:30p Open Gym - 10a - 3p Open Gym - 10a - 3p Open Plunge - 12p - 2:30p Open Teen F Tr Tr Tr Tr Tr Tr Tr	4 ess Room/Track - 5:30a - 10p en Gym - 5:30a - 9a, 12p - 10p en Plunge - 10:30a - 7:30p a Fitness Class - 6:30p - 7:30p Try it - Tball Event - 5p-8p 11 ess Room/Track - 5:30a - 10p en Gym - 5:30a - 9a, 12p - 10p en Plunge - 10:30a - 7:30p a Fitness Class - 6:30p - 7:30p	Open Gym - 5:30a - 9a, 10a - 10p Open Plunge - 10:30a - 7:30p Supervised Climb - 5p - 7:30p Try it - Tball Event - 5p-8p 12 Fitness Room/Track - 5:30a - 10p Open Gym - 5:30a - 9a, 10a - 10p Open Plunge - 10:30a - 7:30p Supervised Climb - 5p - 7:30p	Open Gym - 5:30a - 9a, 11a - 10p Open Plunge - 10:30a - 7:30p Kids Yoga & Mindfulness - 4p - 5:45p Try it - Tball Event - 5p-8p 13 Fitness Room/Track - 5:30a - 10p Open Gym - 5:30a - 9a, 11a - 10p Open Plunge - 10:30a - 7:30p Kids Yoga & Mindfulness - 4p - 5:45p	Fitness Room/Track - 5:30a - 10p Open Gym - 5:30a - 8a, 10a - 10p Open Plunge - 10:30a - 7:30p Supervised Climb - 7p - 9p Try it - Tball Event - 5p-8p 14 Fitness Room/Track - 5:30a - 10p Open Gym - 5:30a - 8a, 10a - 10p Open Plunge - 10:30a - 7:30p Supervised Climb - 7p - 9p	8 Fitness Room /Track - 5:30a - 8p Open Gym - 5:30a - 9a, 11a - 8p Open Plunge - 10:30a - 7:30p 15 Fitness Room /Track - 5:30a - 8p Open Gym - 5:30a - 9a, 11a - 8p Open Plunge - 10:30a - 7:30p	Supervised Climb - 12p - 3p Teen After Hours Event - 7:30p - 9:30 Fitness Room /Track - 7a - 8p Open Gym - 7a - 8p Open Plunge - 12p - 7:30p Supervised Climb - 12p - 3p I Fitness Room /Track - 7a - 8p Open Gym - 7a - 8p Open Gym - 7a - 8p Open Plunge - 12p - 7:30p Supervised Climb - 12p - 3p	
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Teen F 17	1 Fitness Class - 6:30p - 7:30p	Supervised Climb - 5p - 7:30p	Kids Yoga & Mindfulness - 4p - 5:45p	Supervised Climb - 7p - 9p		Supervised Climb - 12p - 3p	
17 Fitness Room /Track - 10a - 3p Open Gym - 10a - 3p POOL CLOSED 24 Fitnes	18				22		
Fitness Room /Track - 10a - 3p Open Gym - 10a - 3p POOL CLOSED 24 Fitnes		19	20	21	22	23	
Open Gym - 10a - 3p POOL CLOSED 24 Fitnes	CENTED CLOSED						
POOL CLOSED 24 Fitnes	CENTED CLOSED						
24 Fitnes	CENTED CLOSED						
Fitnes	CENTER CLUSED	CENTER CLOSED	CENTER CLOSED	CENTER CLOSED	CENTER CLOSED	CENTER CLOSED	
Fitnes							
Fitnes	25	26	27	28	29	30	
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	Open Gym - 5:30a - 10p	Open Gym - 5:30a - 10p	Open Gym - 5:30a - 10p	Open Gym - 5:30a - 10p	Open Gym - 5:30a - 8p	Open Gym - 7a - 8p	
CENTER CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	
	Fitness Class - 6:30p - 7:30p	Supervised Climb - 5p - 7:30p	Kids Yoga & Mindfulness - 4p - 5:45p	Supervised Climb - 7p - 9p	1001 010315	Supervised Climb - 12p - 3p	
Teen F	•		Kius Togu & Miliutoliless - 4p - 5.45p	Sopervised Clilib - 7 p - 3p		Supervised Cillib - 12p - Sp	
31		14/15 Fitness Cert Class - 7p - 8:30p					
Fitness Room /Track - 10a - 3p				IMPORTANT INFORMATION			
'				Supervised Climb - Must be 5 y			
Open Gym - 10a - 3p				•	g these times to help belay and	cumorvico ucore	
POOL CLOSED				Rockwall specific waiver requi	•	•	
<u> </u>		-	 VENT/ AMENITY & DESCRIPTI	·	ica. Additional lee for climbing	equipment remail	
Registr	stration Required - 6-12vrs 4pm-		s will include age-appropriate yoga & ma		games, stories, music, relaxation, med	ditation. & more, Free with a My County	
Kids Yoga & Mindfulness Rec Pa		op & c o/13 o osopiii mese clusses	militae age appropriate yogu a m	c.c, meloding breaming, poses, g	games, startes, moste, retaxation, mee	and and a more free with a my cooling	
T-Ball Try It Event Registr	stration Required - 50min Tball e	event - 3-8yrs, come try a new sport or	learn some new skills in a fun environmen	t before the fall season begins. All sk	ill levels are welcome! Free with a M	y County Rec Pass.	
,	Registration Required - 50min Tball event - 3-8yrs, come try a new sport or learn some new skills in a fun environment before the fall season begins. All skill levels are welcome! Free with a My County Rec Pass. August 2nd Registration Required - Dedicated 2-hour event where swimming, rockwall (specific waiver required) and gym games will be open for teens ages 12-18 with a My County Rec Pass.						





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
00112711		10202711		11101102711	1	on one
					Fitness Room - 5a - 7:00p	Fitness Room - 7a - 7p
					Open Swim - 12:00p - 6:00pm	Open Swim - 12:00p - 6:00pi
					Field House - Open Use	Field House - Open Use
					Varies, please call	Varies, please call
					Batting Cages-Register Online	-
3	4	5	6	7	8	
Fitness Room - 10a - 3p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 7:00p	Fitness Room - 7a - 7p
Open Swim - 10a - 3p	Open Swim - 12:00p - 6:00pm	Open Swim - 12:00p - 6:00pm	Open Swim - 12:00p - 6:00pm		Open Swim - 12:00p - 6:00pm	Open Swim - 12:00p - 6:00pn
Field House - Open Use	•	Field House - Open Use	Field House - Open Use			
Varies, please call	Varies, please call	Varies, please call	Varies, please call	Varies, please call	Varies, please call	Varies, please call
10	.,	Batting Cages-Register Online	10	1.4	Batting Cages-Register Online	
10	Fitness Passer For 10s	Fitness Beam, Fr. 10s				
Fitness Room - 10a - 3p Open Swim - 10a - 3p	Fitness Room - 5a - 10p Open Swim - 12:00p - 6:00pm	Fitness Room - 5α - 10p Open Swim - 12:00p - 6:00pm	Fitness Room - 5α - 10p Open Swim - 12:00p - 6:00pm	Fitness Room - 5a - 10p Open Swim - 12:00p - 6:00pm	Fitness Room - 5a - 7:00p Open Swim - 12:00p - 6:00pm	Fitness Room - 7a - 7p Open Swim - 12:00p - 6:00pn
Field House - Open Use		Field House - Open Use	Field House - Open Use			
_	Varies, please call	Varies, please call	Varies, please call	Varies, please call	Varies, please call	Varies, please call
varies, piease can	varies, piease can	Batting Cages-Register Online	Varies, piease can	varies, piease can	Batting Cages-Register Online	varies, piease can
17	18		20	21	22	23
Fitness Room - 10a - 3p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 7:00p	Fitness Room - 7a - 7p
Open Swim - 10a - 3p	*Open Swim - 4:30p-8:30p	*Open Swim - 4:30p-8:30p	*Open Swim - 4:30p-8:30p	*Open Swim - 4:30p-8:30p	*Open Swim - 4:30p-7:30p	Open Swim - 12:00p - 6:00pm
	*Indoor Leisure Pool Only	*Indoor Leisure Pool Only	*Indoor Leisure Pool Only	*Indoor Leisure Pool Only	*Indoor Leisure Pool Only	
Field House - Open Use		Field House - Open Use	Field House - Open Use			
Varies, please call		Varies, please call	Varies, please call	Varies, please call	Varies, please call	Varies, please call
		Batting Cages-Register Online			Batting Cages-Register Online	
24	25					
Fitness Room - 10a - 3p	Fitness Room - 10a - 3p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 7:00p	Fitness Room - 7a - 7p
Open Swim - 10a - 3p	*Open Swim - 4:30p-8:30p	*Open Swim - 4:30p-8:30p	*Open Swim - 4:30p-8:30p	*Open Swim - 4:30p-8:30p	*Open Swim - 4:30p-7:30p	Open Swim - 12:00p - 6:00pm
	*Indoor Leisure Pool Only	*Indoor Leisure Pool Only	*Indoor Leisure Pool Only	*Indoor Leisure Pool Only	*Indoor Leisure Pool Only	
Field House - Open Use	•	Field House - Open Use	Field House - Open Use			
Varies, please call	Varies, please call	Varies, please call	Varies, please call	Varies, please call	Varies, please call	Varies, please call
0.1		Batting Cages-Register Online			Batting Cages-Register Online	
31					IMPORTANT IN	IFORM A TION
Fitness Room - 10a - 3p Open Swim - 10a - 3p						
Open Swim - 10a - 3p					Fitness Room - Must be 16 year (14/15 must have a fitness ce	
Field House - Open Use					l' '	*
Varies, please call					Register now for the following September: Dance/Cheer, Tun	
varies, piease can						ibling, Karale, Fower Cliess,
					Laser Tag, and Fall Soccer.	
		EVI	ENT/ AMENITY & DESCRI	PTIONS		
	***Some pool amenities (slide, pl	aystructure, etc.) may not be availa	ble everyday due to other progra	mming. Please call to verify avail	ability.	
	*Open Swim will be in the Indeer	Leisura Pool only on weekdays (Mo	onday-Friday) starting Monday, Au	iquet 18		
	Open Swim will be in the indoor	Leisure 1 our only on weekdays (Mc	mady-i mady, starting monady, Ac	19031 10.		





	AUGUST FAIRMONT AQUATIC CENTER								
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
					1	2			
						Open Plunge - 2p - 5:30p			
						Rec, Swim Meet 7am - 1pm			
					Liberty Open Plunge 12p - 6p	Liberty Open Plunge 12p - 6p			
						FAC Closed 7am - 1pm			
3	4	5	6	7	8	9			
Open Plunge - 10a - 3:30p		Open Plunge - 4p - 6p		Open Plunge - 4p - 6p		Open Plunge - 2p - 5:30p			
Liberty Open Plunge 12p - 4p	Liberty Open Plunge 12p - 6p	Liberty Open Plunge 12p - 6p	Liberty Open Plunge 12p - 6p	Liberty Open Plunge 12p - 6p	Liberty Open Plunge 12p - 6p	Liberty Open Plunge 12p - 6p			
10	11	12	13	14	15	16			
Open Plunge - 10a - 3:30p		Open Plunge - 4p - 6p		Open Plunge - 4p - 6p		Open Plunge - 2p - 5:30p			
Last Day Liberty Pool Open									
Liberty Open Plunge 12p - 4p	Liberty Closed for Season	Liberty Closed for Season	Liberty Closed for Season	Liberty Closed for Season	Liberty Closed for Season	Liberty Closed for Season			
17	18	19	20	21	22	23			
Open Plunge - 10a - 3:30p		Open Plunge - 4p - 6p		Open Plunge - 4p - 6p		Open Plunge - 2p - 5:30p			
Liberty Closed for Season	Liberty Closed for Season	Liberty Closed for Season	Liberty Closed for Season	Liberty Closed for Season	Liberty Closed for Season	Liberty Closed for Season			
24	25	26	27	28	29	30			
Open Plunge - 10a - 3:30p		Open Plunge - 4p - 6p		Open Plunge - 4p - 6p		Open Plunge - 2p - 5:30p			
Liberty Closed for Season	Liberty Closed for Season	Liberty Closed for Season	Liberty Closed for Season	Liberty Closed for Season	Liberty Closed for Season	Liberty Closed for Season			
31									
Open Plunge - 10a - 3:30p									
Liberty Closed for Season									
	Schedule	is subject to change. Plea	se call Fairmont for up to	date programming (385)	468-1540	•			





	AUG	UST GENE F	ULLMER REC	REATION CEN	NTER	
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					Fitness Room/Track - 5:30a - 9p Open Plunge - 12p - 8p Open Gym/Basketball - 5:30a - 9p	Fitness Room /Track - 7a - 9p Open Plunge - 12p - 8p Open Gym/Basketball - 7a - 9p WJOP-Open Plunge - 12p - 6p Races & Health Fair 8am-11am
3	4	5	6	7	8	9
Fitness Room /Track - 10:30a - 2p Open Plunge - 10:30a - 2p Open Gym/Basketball - 10:30a - 2p WJOP-Open Plunge - 12p - 4p	Fitness Room/Track - 5:30a - 9p Open Plunge - 12p - 8p Open Gym/Basketball - 5:30a - 6p WJOP-Open Plunge - 12p - 8p	Fitness Room/Track - 5:30a - 9p Open Plunge - 12p - 8p Open Gym/Basketball - 5:30a - 6p WJOP-Open Plunge - 12p - 6p	Fitness Room/Track - 5:30a - 9p Open Plunge - 12p - 8p Open Gym/Basketball - 5:30a - 9p WJOP-Open Plunge - 12p - 8p	Fitness Room/Track - 5:30a - 9p Open Plunge - 12p - 8p Open Gym/Basketball - 5:30a - 9p WJOP-Open Plunge - 12p - 6p	Fitness Room/Track - 5:30a - 9p Open Plunge - 12p - 8p Open Gym/Basketball - 5:30a - 9p WJOP-Open Plunge - 12p - 6p	Fitness Room /Track - 7a - 9p 14/15 Weightroom Cert - 9:30am Open Plunge - 12p - 8p Open Gym/Basketball - 7a - 9p WJOP-Open Plunge - 12p - 6p
10	11	12	13	14	15	16
Fitness Room /Track - 10:30a - 2p Open Plunge - 10:30a - 2p Open Gym/Basketball - 10:30a - 2p WJOP-Open Plunge - 12p - 4p 17 Fitness Room /Track - 10:30a - 2p	Fitness Room/Track - 5:30a - 9p Open Plunge - 12p - 8p Open Gym/Basketball - 5:30a - 6p WJOP-Open Plunge - 12p - 8p 18 Fitness Room/Track - 5:30a - 9p	Fitness Room/Track - 5:30a - 9p Open Plunge - 12p - 8p Open Gym/Basketball - 5:30a - 6p WJOP-Open Plunge - 12p - 6p 19 Fitness Room/Track - 5:30a - 9p	Fitness Room/Track - 5:30a - 9p Open Plunge - 12p - 8p Open Gym/Basketball - 5:30a - 9p WJOP-Open Plunge - 12p - 8p 20 Fitness Room/Track - 5:30a - 9p	Fitness Room/Track - 5:30a - 9p Open Plunge - 12p - 8p Open Gym/Basketball - 5:30a - 9p WJOP-Open Plunge - 12p - 6p 21 Fitness Room/Track - 5:30a - 9p	Fitness Room/Track - 5:30a - 9p Open Plunge - 12p - 8p Open Gym/Basketball - 5:30a - 9p WJOP-Open Plunge - 12p - 6p 22 Fitness Room/Track - 5:30a - 9p	Fitness Room /Track - 7a - 9p Open Plunge - 12p - 8p Open Gym/Basketball - 7a - 9p WJOP-Open Plunge - 12p - 6p 23 Fitness Room /Track - 7a - 9p
Open Plunge - 10:30a - 2p Open Gym/Basketball - 10:30a - 2p WJOP-Open Plunge - 12p - 4p	Open Plunge - 3:30p - 8p Open Gym/Basketball - 5:30a - 6p	Open Plunge - 3:30p - 8p Open Gym/Basketball - 5:30a - 6p	Open Plunge - 3:30p - 8p Open Gym/Basketball - 5:30a - 9p	Open Plunge - 3:30p - 8p Open Gym/Basketball - 5:30a - 9p	Open Plunge - 3:30p - 8p Open Gym/Basketball - 5:30a - 9p	Open Plunge - 12p - 8p Open Gym/Basketball - 7a - 9p
24	25	26	27	28	29	30
Fitness Room /Track - 10:30a - 2p Open Plunge - 10:30a - 2p Open Gym/Basketball - 10:30a - 2p	Fitness Room/Track - 5:30a - 9p Open Plunge - 3:30p - 8p Open Gym/Basketball - 5:30a - 6p	Fitness Room/Track - 5:30a - 9p Open Plunge - 3:30p - 8p Open Gym/Basketball - 5:30a - 6p	Fitness Room/Track - 5:30a - 9p Open Plunge - 3:30p - 8p Open Gym/Basketball - 5:30a - 9p	Fitness Room/Track - 5:30a - 9p Open Plunge - 3:30p - 8p Open Gym/Basketball - 5:30a - 9p	Fitness Room/Track - 5:30a - 9p Open Plunge - 3:30p - 8p Open Gym/Basketball - 5:30a - 9p	Fitness Room /Track - 7a - 9p Open Plunge - 12p - 8p Open Gym/Basketball - 7a - 9p
31						
Fitness Room /Track - 10:30a - 2p					IMPORTANT IN	
Open Plunge - 10:30a - 2p Open Gym/Basketball - 10:30a - 2p					Fitness Room - Must be 16 years (14/15 must have a fitness certifi Track - Must be 10 years or older	cation)
		EVEN	IT/ AMENITY & DESCRIPTION	ONS		

Schedule is subject to change. Please call Gene Fullmer for up to date programming (385) 468-1951

All Group Fitness Classes are open to anyone 16 and older and 14/15 year olds who have attended the Fitness Certification Class.





WJOP - West Jordan Outdoor Pool

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					Open Plunge - 12p - 7:30p Open Gym/Basketball - 1p - 4p Fitness Room (Teen Time 14+) - 6p - 9p	Open Plunge - 12p - 5:30p Open Gym/Basketball - 12p - 6p Fitness Room (Teen Time 14+) - 12p - 6p 14/15 Weightroom Cert 11:00 am - 12:00 pr Teen Night @Crestwood - 6:15p-8:15p
3	4	5	6	7	8	
Open Plunge - 10a - 2:30p Open Gym/Basketball - 12p - 3p Fitness Room (Teen Time 14+) - 12p - 3p	Open Plunge - 12p - 8:30p Open Gym/Basketball - 1p - 9p Fitness Room (Teen Time 14+) - 6p - 9p Family Yard Games - 6:00-8pm	Open Plunge - 12p - 8:30p Open Gym/Baskerball - 1p - 9p Fitness Room (Teen Time 14+) - 6p - 9p Walking Track Time (10-13yrs) - 4p - 5:30p MCRP Craft Night - 4:30p-6p	Open Plunge - 12p - 8:30p Open Gym/Baskerball - 1p - 5p Fitness Room (Teen Time 14+) - 6p - 9p	Open Plunge - 12p - 8:30p Open Gym/Basketball - 1p - 9p Fitness Room (Teen Time 14+) - 6p - 9p Walking Track Time (10-13yrs) - 4p - 5:30p	Open Plunge - 12p - 7:30p Open Gym/Basketball - 1p - 4p Fitness Room (Teen Time 14+) - 6p - 9p	Open Plunge - 12p - 5:30p Open Gym/Basketball - 12p - 6p Fitness Room (Teen Time 14+) - 12p - 6p
10	11	12	13	14	15	1
Open Plunge - 10a - 2:30p Open Gym/Basketball - 12p - 3p Fitness Room (Teen Time 14+) - 12p - 3p	Open Plunge - 12p - 8:30p Open Gym/Basketball - 1p - 9p Fitness Room (Teen Time 14+) - 6p - 9p Family Yard Games - 6:00-8pm	Open Plunge - 12p - 8:30p Open Gym/Basketball - 1p - 9p Walking Track Time (10-13yrs) - 4p - 5:30p MCRP Craft Night - 4:30p-6p	Open Plunge - 12p - 8:30p Open Gym/Basketball - 1p - 5p Fitness Room (Teen Time 14+) - 6p - 9p	Open Plunge - 12p - 8:30p Open Gym/Baskerball - 1p - 9p Fitness Room (Teen Time 14+) - 6p - 9p Walking Track Time (10-13yrs) - 4p - 5:30p	Open Plunge - 12p - 7:30p Open Gym/Basketball - 1p - 4p Fitness Room (Teen Time 14+) - 6p - 9p	Open Plunge - 12p - 5:30p Open Gym/Basketball - 12p - 6p Fitness Room (Teen Time 14+) - 12p - 6p 14/15 Weightroom Cert 11:00 am -12:00 pr Youth Yoga (7+) - 10:15a-10:45
17	18	19	20	21	22	2
Open Plunge - 10a - 2:30p Open Gym/Basketball - 12p - 3p Fitness Room (Teen Time 14+) - 12p - 3p	Open Plunge - 12p - 8:30p Open Gym/Basketball - 1p - 9p Fitness Room (Teen Time 14+) - 6p - 9p Family Yard Games - 6:00-8pm	Open Plunge - 12p - 8:30p Open Gym/Basketball - 1p - 5:30p Fitness Room (Teen Time 14+) - 6p - 9p Walking Track Time (10-13yrs) - 4p - 5:30p MCRP Craft Night - 4:30p-6p	Open Plunge - 12p - 8:30p Open Gym/Basketball - 1p - 9p Fitness Room (Teen Time 14+) - 6p - 9p	Open Plunge - 12p - 8:30p Open Gym/Basketball - 1p - 9p Fitness Room (Teen Time 14+) - 6p - 9p Walking Track Time (10-13yrs) - 4p - 5:30p	Open Plunge - 12p - 7:30p Open Gym/Basketball - 1p - 4p Fitness Room (Teen Time 14+) - 6p - 9p	Open Plunge - 12p - 5:30p Fitness Room (Teen Time 14+) - 12p - 6p Youth Yoga (7+) - 10:15a-10:45
24	25		27	28	29	3
Open Plunge - 10a - 2:30p Open Gym/Basketball - 12p - 3p Fitness Room (Teen Time 14+) - 12p - 3p	Open Plunge - 12p - 8:30p Open Gym/Basketball - 1p - 9p Fitness Room (Teen Time 14+) - 6p - 9p Family Yard Games - 6:00-8pm	Open Plunge - 12p - 8:30p Open Gym/Basketball - 1p - 9p Fitness Room (Teen Time 14+) - 6p - 9p Walking Track Time (10-13yrs) - 4p - 5:30p MCRP Craft Night - 4:30p-6p	Open Plunge - 12p - 8:30p Open Gym/Basketball - 1p - 5p Fitness Room (Teen Time 14+) - 6p - 9p	Open Plunge - 12p - 8:30p	Open Plunge - 12p - 7:30p Open Gym/Basketball - 1p - 4p Fitness Room (Teen Time 14+) - 6p - 9p	Open Plunge - 12p - 5:30p Fitness Room (Teen Time 14+) - 12p - 6p Youth Yoga (7+) - 10:15α-10:45
31						
Open Plunge - 10a - 2:30p Open Gym/Basketball - 12p - 3p Fitness Room (Teen Time 14+) - 12p - 3p					IMPORTAN' Fitness Room - Must be 16 years or ol (14/15 must have a fitness certificatio Track - Must be 10 years or older	

Schedule is subject to change. Please call Holladay Lions for up to date programming (385) 468-1700





Craft Nights FREE for all My County Rec Pass Holders - a new craft each week with supplies and instructions provided

	AUGUST JL SORENSON RECREATION CENTER							
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
					1	2		
					Fitness Room/Track - 5a - 9pm	Fitness Room/Track - 6:30a - 9p		
					Open Gym (Court 2) - 5a - 9pm	Open Gym (Court 2) - 6:30a - 9p		
					Open Plunge - 3PM - 9p	Rec Room - 8a - 8p		
					Rec Room - 3:30p - 7:30p	Open Plunge - 12PM - 8PM		
3	4	5	6	7	8			
Fitness Room/Track - 10a - 3p	Fitness Room/Track - 5a - 10p	Fitness Room/Track - 5a - 10p	Fitness Room/Track - 5a - 10p	Fitness Room/Track - 5a - 10p	Fitness Room/Track - 5a - 9pm	Fitness Room/Track - 6:30a - 9p		
Open Gym (Court 2) - 10a - 3p	Open Gym (Court 2) - 5α - 10p	Open Gym (Court 2) - 5a - 10p	Open Gym (Court 2) - 5a - 10p	Open Gym (Court 2) - 5a - 10p	Open Gym (Court 2) - 5a - 9pm	Open Gym (Court 2) - 6:30a - 9		
Open Plunge - 10:30a - 2:30p	Open Plunge - 12PM - 8PM	Open Plunge - 12PM - 8PM	Open Plunge - 12PM - 8PM	Open Plunge - 12PM - 8PM	Open Plunge - 12PM - 8PM	Rec Room - 11am - 8:30PM		
	Rec Room - 11am - 9:30PM	Rec Room - 11am - 9:30PM	Rec Room - 11am - 9:30PM	Rec Room - 11am - 9:30PM	Rec Room - 11am - 8:30PM	Open Plunge - 12PM - 8PM		
10	11	12	13	14	15	1		
Fitness Room/Track - 10a - 3p	Fitness Room/Track - 5a - 10p	Fitness Room/Track - 5a - 10p	Fitness Room/Track - 5a - 10p	Fitness Room/Track - 5a - 10p	Fitness Room/Track - 5a - 9pm	Fitness Room/Track - 6:30a - 9p		
Open Gym (Court 2) - 10a - 3p	Open Gym (Court 2) - 5a - 10p	Open Gym (Court 2) - 5a - 10p	Open Gym (Court 2) - 5a - 10p	Open Gym (Court 2) - 5a - 10p	Open Gym (Court 2) - 5a - 9pm	Open Gym (Court 2) - 6:30a - 9		
Open Plunge - 10:30a - 2:30p	Open Plunge - 12PM - 8PM	Open Plunge - 12PM - 8PM	Open Plunge - 12PM - 8PM	Open Plunge - 12PM - 8PM	Open Plunge - 12PM - 8PM	Rec Room - 11am - 8:30PM		
	Rec Room - 11am - 9:30PM	Rec Room - 11am - 9:30PM	Rec Room - 11am - 9:30PM	Rec Room - 11am - 9:30PM	Rec Room - 11am - 8:30PM	Open Plunge - 12PM - 8PM		
17	18	19	20	21	22	2:		
Fitness Room/Track - 10a - 3p	Fitness Room/Track - 5a - 10p	Fitness Room/Track - 5a - 10p	Fitness Room/Track - 5a - 10p	Fitness Room/Track - 5a - 10p	Fitness Room/Track - 5a - 9pm	Fitness Room/Track - 6:30a - 9p		
Open Gym (Court 2) - 10a - 3p	Open Gym (Court 2) - 5a - 10p	Open Gym (Court 2) - 5a - 10p	Open Gym (Court 2) - 5a - 10p	Open Gym (Court 2) - 5a - 10p	Open Gym (Court 2) - 5a - 9pm	Open Gym (Court 2) - 6:30a - 9		
Open Plunge - 10:30a - 2:30p	Open Plunge - 3PM - 8PM	Open Plunge - 3PM - 8PM	Open Plunge - 3PM - 8PM	Open Plunge - 3PM - 8PM	Open Plunge - 3PM - 8PM	Rec Room - 11am - 8:30PM		
	Rec Room - 3:30PM - 9:30PM	Rec Room - 3:30PM - 9:30PM	Rec Room - 3:30PM - 9:30PM	Rec Room - 3:30PM - 9:30PM	Rec Room - 3:30PM - 9:30PM	Open Plunge - 12PM - 8PM		
24	25	26	27	28	29	30		
Fitness Room/Track - 10a - 3p	Fitness Room/Track - 5a - 10p	Fitness Room/Track - 5a - 10p	Fitness Room/Track - 5a - 10p	Fitness Room/Track - 5a - 10p	Fitness Room/Track - 5a - 9pm	Fitness Room/Track - 6:30a - 9p		
Open Gym (Court 2) - 10a - 3p	Open Gym (Court 2) - 5α - 10p	Open Gym (Court 2) - 5a - 10p	Open Gym (Court 2) - 5a - 10p	Open Gym (Court 2) - 5a - 10p	Open Gym (Court 2) - 5a - 9pm	Open Gym (Court 2) - 6:30a - 9		
Open Plunge - 10:30a - 2:30p	Open Plunge - 3PM - 8PM	Open Plunge - 3PM - 8PM	Open Plunge - 3PM - 8PM	Open Plunge - 3PM - 8PM	Open Plunge - 3PM - 8PM	Rec Room - 11am - 8:30PM		
	Rec Room - 3:30PM - 9:30PM	Rec Room - 3:30PM - 9:30PM	Rec Room - 3:30PM - 9:30PM	Rec Room - 3:30PM - 9:30PM	Rec Room - 3:30PM - 9:30PM	Open Plunge - 12PM - 8PM		
31								
Fitness Room/Track - 10a - 3p					IMPORTANT INFORMATION			
Open Gym (Court 2) - 10a - 3p				Fitness Room - Must be 16 yea	ırs or older			
Open Plunge - 10:30α - 2:30p				(14/15 must have a fitness cer	tification)			
				Track - Must be 10 years or old	ler .			

EVENT/ AMENITY & DESCRIPTIONS

Yard games and activities for kids ages 5-18, Wednesdays at 6PM-7PM - FREE - register online, space is limited. Capture the Flag, kickball, Tag, Dodgeball etc.

South County Pool Hours: Open Plunge 12PM - 6PM Monday - Satruday. 12-4PM Sunday. South County Pool closes August 17

Schedule is subject to change. Please call JL Sorenson for up to date programming (385) 468-1340





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					Fitness Room/Track - 6a - 8p	Fitness Room/Track - 7a - 6p
					Open Gym/Basketball - 6a - 8p	
					Pool Hours: 12-6pm	Pool Hours: 12-6pm
					Lawn games at the pool	
3	4	5	6	7	8	9
Center Closed	Fitness Room/Track - 6a - 9p	Fitness Room/Track - 6a - 9p	Fitness Room/Track - 6a - 9p	Fitness Room/Track - 6a - 9p	Fitness Room/Track - 6a - 8p	Fitness Room/Track - 7a - 6p
Pool Hours: 12-4pm	Open Gym/Basketball - 6a - 3p Magic Class (5-8yrs) - 6p - 7p	Open Gym/Basketball - 6a - 10p	Open Gym/Basketball - 6a - 10p	Open Gym/Basketball - 6a - 10p	Open Gym/Basketball - 6a - 8p	Open Gym/Basketball - 7a - 5p
	Magic Class (12-18yrs) - 7p - 8p	Pool Hours: 12-6pm	Pool Hours: 12-8pm	Pool Hours: 12-6pm	Pool Hours: 12-6pm	Pool Hours: 12-6pm
	Pool Hours: 12-8pm					
10	11	•=		14		16
Center Closed	Fitness Room/Track - 3a - 9p	Fitness Room/Track - 3a - 9p	Fitness Room/Track - 3a - 9p	Fitness Room/Track - 3a - 9p	Fitness Room/Track - 3a - 8p	Fitness Room/Track - 7a - 6p
	· ·	Open Gym/Basketball - 3p - 9p	Open Gym/Basketball - 3p - 9p		Open Gym/Basketball - 3p - 8p	Open Gym/Basketball - 7a - 5p
Outdoor Pool closes for	Magic Class (5-8yrs) - 6p - 7p				Try It Street Hockey 6- 8pm	
season	Magic Class (12-18yrs) - 7p - 8p					
17	Fitness Room/Track - 3a - 9p	Fitness Room/Track - 3a - 9p	Fitness Room/Track - 3a - 9p	Fitness Room/Track - 3a - 9p	Fitness Room/Track - 3a - 8p	Fitness Room/Track - 7a - 6p
	'	Open Gym/Basketball - 3p - 9p	Open Gym/Basketball - 3p - 9p	· · · · · · · · · · · · · · · · · · ·	Open Gym/Basketball - 3p - 8p	· ·
CLUSED	Magic Class (5-8yrs) - 6p - 7p	Open Gym/Baskerball - 3p - 9p	Open Gym/baskerball - 3p - 9p	Open Gym/baskerban - 3p - 4p	Open Gym/Baskerball - Sp - op	Open Gym/Baskerball - 7a - 3p
	Magic Class (12-18yrs) - 7p - 8p					
24	25	26	27	28	29	30
	Fitness Room/Track - 3a - 9p	Fitness Room/Track - 3a - 9p	Fitness Room/Track - 3a - 9p	Fitness Room/Track - 3a - 9p	Fitness Room/Track - 3a - 8p	Fitness Room/Track - 7a - 6p
CLOCED	Open Gym/Basketball - 3p - 9p	Open Gym/Basketball - 3p - 9p	· · · · · · · · · · · · · · · · · · ·	Open Gym/Basketball - 3p - 9p	Open Gym/Basketball - 3p - 8p	
CLOSED	Magic Class (5-8yrs) - 6p - 7p					
	Magic Class (12-18yrs) - 7p - 8p					
31						
					IMPORTANT I	NFORMATION
CLOSED					Fitness Room - Must be 16 ye	ears or older.
010015					(14/15 must have a fitness co	ertification) Certification class
					available Mon-Fri after 6pm.	

Schedule is subject to change. Please call Magna for up to date programming (385) 468-1835





					MUNITY CEN		
SUNDAY		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		KEY				1	
		Open Gym =				Fitness Room/Track - 6a - 7p	Fitness Room/Track - 70
		South Court (3 BB Hoops)				Open Gym - 6a - 8a	Pickleball 7a - 9a
		North Court (1 PB Courts)				Pickleball 8a - 1 p	Open Gym 9a - 12
		Basketball = 6 Hoops				Basketball 1p-7p	Basketball - 12p - 6
		Pickleball = 3 Courts				MCRP Activities - 1p - 3p	
	3	4	5	6	7	v	
		Fitness Room/Track - 6a - 9p	Fitness Room/Track - 6a - 7p	Fitness Room/Track - 7			
		Open Gym - 6a - 8a	Open Gym - 6a - 8a	Open Gym - 6a-8a	Open Gym - 6a-8a	Open Gym - 6a - 8a	Pickleball 7a - 9a
CLOSED		Pickleball - 8a - 1 p	Pickleball - 8a-1p	Pickleball - 8a-1p	Pickleball - 8a - 1 p	Pickleball 8a - 1 p	Open Gym 9a - 12
CLOSED		Basketball - 1 p - 9p	Basketball - 1 p - 5:30p	Basketball - 1 p - 5:30p	Basketball - 1 p - 5:30p	Basketball 1p-7p	Basketball - 12p - 6
						MCRP Activities - 12p - 58p	
			Gym Closed - 5:30p - 9p	Gym Closed - 5:30p - 9p	Gym Closed - 5:30p - 9p		
	10	11	12	13	14	15	
		Fitness Room/Track - 6a - 9p	Fitness Room/Track - 6a - 7p	Fitness Room/Track - 7			
		Open Gym - 6a - 8a	Open Gym - 6a - 8a	Open Gym - 6a-8a	Open Gym - 6a-8a	Open Gym - 6a - 8a	Pickleball 7a - 9a
CLOSED		Pickleball - 8a - 1p	Pickleball - 8a-1p	Pickleball - 8a-1p	Pickleball - 8a-1p	Pickleball 8a - 1 p	Open Gym 9a - 12
CLOSED		Basketball - 1p - 9p	Basketball - 1 p - 5:30p	Basketball - 1 p - 9p	Basketball - 1 p - 5:30p	Basketball 1p-7p	Basketball - 12p -
						MCRP Activities - 1p - 3p	MCRP Activities - 12p
			Gym Closed - 5:30p - 9p		Gym Closed - 5:30p - 9p		
	17	18	19	20	21		
		Fitness Room/Track - 6a - 9p	· · · · · · · · · · · · · · · · · · ·	Fitness Room/Track - 7			
		Open Gym - 6a - 8a	Open Gym - 6a - 8a	Open Gym - 6a-8a	Open Gym - 6a-8a		Pickleball 7a - 9c
CLOSED		Pickleball - 8a - 1p	Pickleball - 8a-1p	Pickleball - 8a-1p	Pickleball - 8a-1p	•	Open Gym 9a - 12
0.00.		Basketball - 1 p - 9p	Basketball - 1 p - 5:30p	Basketball - 1 p - 9p	Basketball - 1p - 9p	Basketball 1p-7p	Basketball - 12p - 6
						MCRP Activities - 1p - 3p	MCRP Activities - 12p
			Gym Closed - 5:30p - 9p	.=		Pickleball 8a - 1p Basketball 1p - 7p MCRP Activities - 1p - 3p Fitness Room/Track - 6a - 7p Open Gym - 6a - 8a Pickleball 8a - 1p Basketball 1p - 7p MCRP Activities - 12p - 58p 15 Fitness Room/Track - 6a - 7p Open Gym - 6a - 8a Pickleball 8a - 1p Basketball 1p - 7p MCRP Activities - 1p - 3p 22 Fitness Room/Track - 6a - 7p Open Gym - 6a - 8a Pickleball 8a - 1p Basketball 1p - 7p MCRP Activities - 1p - 3p MCRP Activities - 1p - 3p	
	24	25	26	27	28		
CLOSED		Fitness Room/Track - 6a - 9p		Fitness Room/Track - 7			
		Open Gym - 6a - 8a		Pickleball 7a - 9a			
CLOSED		Pickleball - 8a - 1p	-	Open Gym 9a - 12			
		Basketball - 1p - 9p	Basketball - 1p - 9p	Basketball - 1 p - 9 p	Basketball - 1 p - 9 p		Basketball - 12p -
						MCRP Activities - 1p - 3p	MCRP Activities - 12
	31						
						IMPORTANT IN	FORMATION
						Fitness Room - Must be 16	years or older
CLOSED							•
						irack - Must be 10 years o	r olaer

MCRP Activities - Fridays 1 pm to 3 pm Include Fooseball, Ping Pong, Giant Board Games

Meet MCRP staff in BB Gym for 'Activities' after check in at Front Desk. All ages welcome, 10+ Allowed in gym unsupervised

Under 10 needs adult supervision

Schedule is subject to change. Please call Millcreek for up to date programming (385) 468-1380





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	
					Fitness Room/Track - 6a - 8p	Fitness Room/Track - 7a - 7p
					Open Gym/Basketball - 6a - 8p	Open Gym/Basketball - 10a - 7p
					Open Swim - 12p - 7p	Open Swim - 12p - 5p
					Drop In Recreation (5-9 yrs): 4p-6p	
					Drop In Recreation (10-18yrs): 6p-8p	
					Kids Club 5-9 yrs: 5-6p	
					Kids Club 10-18 yrs: 6-7p	
					Kids Café - 5p - 5:30p	
3	4	5	6	7	8	
itness Room/Track - 10:30a - 2:30p	Fitness Room/Track - 6a - 9p	Fitness Room/Track - 6a - 9p	Fitness Room/Track - 6a - 9p	Fitness Room/Track - 6a - 9p	Fitness Room/Track - 6a - 8p	Fitness Room/Track - 7a - 7p
pen Gym/Basketball - 10:30a - 2:30p	Open Gym/Basketball - 10a - 6p	Open Gym/Basketball - 6a - 9p	Open Gym/Basketball - 6a - 9p	Open Gym/Basketball - 6a - 9p	Open Gym/Basketball - 6a - 8p	Open Gym/Basketball - 10a - 7p
Open Swim - 10:30a - 2:00p	Open Swim - 4p - 7p	Pickleball Drop-In: 11a - 1p	Open Swim - 12p - 7p	Pickleball Drop-In: 11a - 1p	Open Swim - 12p - 7p	Open Swim - 12p - 5p
	Kids Café - 5p - 5:30p	Kids Café - 5p - 5:30p	Kids Café - 5p - 5:30p	Kids Café - 5p - 5:30p	Drop In Recreation (5-9 yrs): 4p-6p	
		Teen Archery Course 10am-11am		Teen Archery Course 10am-11am	Drop In Recreation (10-18yrs): 6p-8p	
					Kids Club 5-9 yrs: 5-6p	
					Kids Club 10-18 yrs: 6-7p	
					Kids Café - 5p - 5:30p	
10	11	12	13	14	15	
itness Room/Track - 10:30a - 2:30p	Fitness Room/Track - 6a - 9p	Fitness Room/Track - 6a - 9p	Fitness Room/Track - 6a - 9p	Fitness Room/Track - 6a - 9p	Fitness Room/Track - 6a - 8p	Fitness Room/Track - 7a - 7p
en Gym/Basketball - 10:30a - 2:30p	Open Gym/Basketball - 10a - 6p	Open Gym/Basketball - 6a - 9p	Open Gym/Basketball - 6a - 9p	Open Gym/Basketball - 6a - 9p	Open Gym/Basketball - 6a - 8p	Open Gym/Basketball - 7a - 7p
Open Swim - 10:30a - 2:00p	Open Swim - 4p - 7p	Pickleball Drop-In: 11a - 1p	Open Swim - 12p - 7p	Pickleball Drop-In: 11a - 1p	Open Swim - 12p - 7p	Just Try It Volleyball Ages 8-13 yrs 10a-11
	Kids Café - 5p - 5:30p	Kids Café - 5p - 5:30p	Kids Café - 5p - 5:30p	Kids Café - 5p - 5:30p	Drop In Recreation (5-9 yrs): 4p-6p	Just Try It Volleyball Ages 14-18 yrs 11a-1
		Teen Archery Course 10am-11am		Teen Archery Course 10am-11am	Drop In Recreation (10-18yrs): 6p-8p	Open Swim - 12p - 5p
					Kids Café - 5p - 5:30p	
17				21	22	
Fitness Room/Track - 10:30a - 2:30p	Fitness Room/Track - 6a - 9p	Fitness Room/Track - 6a - 9p	Fitness Room/Track - 6a - 9p	Fitness Room/Track - 6a - 9p	Fitness Room/Track - 6a - 8p	Fitness Room/Track - 7a - 7p
pen Gym/Basketball - 10:30a - 2:30p	l ' ' '	1 ' ' '	Open Gym/Basketball - 6a - 9p	Open Gym/Basketball - 6a - 9p	Open Gym/Basketball - 6a - 8p	Open Gym/Basketball - 7a - 7p
Open Swim - 10:30a - 2:00p	Open Swim - 4p - 7p	Pickleball Drop-In: 11a - 1p	Open Swim - 12p - 7p	Pickleball Drop-In: 11a - 1p	Open Swim - 12p - 7p	Open Swim - 12p - 5p
	Kids Café - 5p - 5:30p	Kids Café - 5p - 5:30p	Kids Café - 5p - 5:30p	Kids Café - 5p - 5:30p	Drop In Recreation (5-9 yrs): 4p-6p	
					Drop In Recreation (10-18yrs): 6p-8p	
		2/		00	Kids Café - 5p - 5:30p	
24			27	28		Fig. 1. 7. 7.
itness Room/Track - 10:30a - 2:30p	Fitness Room/Track - 6a - 9p	Fitness Room/Track - 6a - 9p Open Gym/Basketball - 6a - 9p	Fitness Room/Track - 6a - 9p Open Gym/Basketball - 6a - 9p	Fitness Room/Track - 6a - 9p	Fitness Room/Track - 6a - 8p	Fitness Room/Track - 7a - 7p
pen Gym/Basketball - 10:30a - 2:30p	l ' ' '	1 ' ' '		Open Gym/Basketball - 6a - 9p	Open Gym/Basketball - 6a - 8p	Open Gym/Basketball - 7a - 7p
Open Swim - 10:30a - 2:00p	Open Swim - 4p - 7p	Pickleball Drop-In: 11a - 1p	Open Swim - 12p - 7p	Pickleball Drop-In: 11a - 1p	Open Swim - 12p - 7p	Open Swim - 12p - 5p
	Kids Café - 5p - 5:30p	Kids Café - 5p - 5:30p	Kids Café - 5p - 5:30p	Kids Café - 5p - 5:30p	Drop In Recreation (5-9 yrs): 4p-6p	
					Drop In Recreation (10-18yrs): 6p-8p Kids Café - 5p - 5:30p	
31					Kius Cuie - 5p - 5:50p	
itness Room/Track - 10:30a - 2:30p					IMPORTAL	NT INFORMATION
pen Gym/Basketball - 10:30a - 2:30p					Fitness Room - Must be 16 years of	
Open Swim - 10:30a - 2:00p					(14/15 must have a fitness certific	
Open 3wiiii = 10.30u = 2.00p					(•

Kids Cafe Northwest Community Center will be offering Kids Cafe Dinner through the Utah Food Bank Monday thru Friday from 5:00 p.m.-5:30 p.m. The meal is FREE to all children of the community ages 0-18 years old.

Schedule is subject to change. Please call Northwest for up to date programming (385) 468-1305





		-					
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
					1		
					Fitness Room - 6a - 8p	Fitness Room - 8a - 4p	
					Open Racquetball/Wallyball - 3p - 7p	Open Racquetball/Wallyball - 12p - 4	
					Open Gym - 3p - 5p	Outdoor Pool Open Swim 12-6pm	
					Outdoor Pool Open Swim 12-6pm		
3	4	5	6	7	8		
Fitness Room - 8a - 4p	Fitness Room - 6a - 9p	Fitness Room - 6a - 9p	Fitness Room - 6a - 9p	Fitness Room - 6a - 9p	Fitness Room - 6a - 8p	Fitness Room - 8a - 4p	
Open Racquetball/Wallyball - 8a - 4p	Open Racquetball/Wallyball - 3p - 7p	Open Racquetball/Wallyball - 3p - 7p			Open Racquetball/Wallyball - 3p - 7p		
Open Gym - 11a - 4p	Open Gym - 3p - 5p	Open Gym - 3p - 5p	Open Gym - 3p - 5p	Open Gym - 3p - 5p	Open Gym - 3p - 5p	Outdoor Pool Open Swim 12-6pm	
Outdoor Pool Open Swim 12-4pm	Outdoor Pool Open Swim 12-6pm	Outdoor Pool Open Swim 12-6pm	Outdoor Pool Open Swim 12-6pm	Outdoor Pool Open Swim 12-6pm	Outdoor Pool Open Swim 12-6pm		
10	11	12	13				
Fitness Room - 8a - 4p	Fitness Room - 6a - 9p	Fitness Room - 6a - 9p	Fitness Room - 6a - 9p	Fitness Room - 6a - 9p	Fitness Room - 6a - 8p	Fitness Room - 8a - 4p	
Open Racquetball/Wallyball - 8a - 4p		Open Racquetball/Wallyball - 3p - 7p			Open Racquetball/Wallyball - 3p - 7p	Open Racquetball/Wallyball - 12p - 4	
Open Gym - 11a - 4p	Open Gym - 3p - 5p	Open Gym - 3p - 5p	Open Gym - 3p - 5p	Open Gym - 3p - 5p	Open Gym - 3p - 5p		
Outdoor Pool Open Swim 12-4pm							
17	18	19	20			2	
Fitness Room - 8a - 4p	Fitness Room - 6a - 9p	Fitness Room - 6a - 9p	Fitness Room - 6a - 9p	Fitness Room - 6a - 9p	Fitness Room - 6a - 8p	Fitness Room - 8a - 4p	
Open Racquetball/Wallyball - 8a - 4p	Open Racquetball/Wallyball - 3p - 7p	Open Racquetball/Wallyball - 3p - 7p			Open Racquetball/Wallyball - 3p - 7p	Open Racquetball/Wallyball - 12p - 4	
Open Gym - 11a - 4p	Open Gym - 3p - 5p	Open Gym - 3p - 5p	Open Gym - 3p - 5p	Open Gym - 3p - 5p	Open Gym - 3p - 5p		
24	25	26	27	28			
Fitness Room - 8a - 4p	Fitness Room - 6a - 9p	Fitness Room - 6a - 9p	Fitness Room - 6a - 9p	Fitness Room - 6a - 9p	Fitness Room - 6a - 8p	Fitness Room - 8a - 4p	
Open Racquetball/Wallyball - 8a - 4p					Open Racquetball/Wallyball - 3p - 7p	Open Racquetball/Wallyball - 12p - 4	
Open Gym - 11a - 4p	Open Gym - 3p - 5p	Open Gym - 3p - 5p	Open Gym - 3p - 5p	Open Gym - 3p - 5p	Open Gym - 3p - 5p		
31							
Fitness Room - 8a - 4p						INFORMATION	
Open Racquetball/Wallyball - 8a - 4p					Fitness Room - Must be 16 years of		
Open Gym - 11a - 4p					(14/15 must have a fitness certifica	ation)	
					Children age 9 and under must be accompanied & supervised		
		EVI			by someone age 14 and older.		

Fitness Room - Must be 16 years or older Fitness Room

(14/15 must have a fitness certification)

Courts are first come, first serve. We have two wallyball courts and the remainder are Racquetball.

Open Racquetball/Wallyball Racquets are available to borrow at the front desk and must be returned at the end of game play.

Children age 9 and under must be accompanied & supervised by someone age 14 and older. Hoops are first come, first serve. We do not allow full court games during open gym to save space for all ages.

Open Gym Basketballs are available to borrow at the front desk and must be returned at the end of game play.

Children age 9 and under must be accompanied & supervised by someone age 14 and older.

Redwood Outdoor Pool Children ages 5 and under must be within arms reach of someone age 14 and older.

Open Swim Children age 9 and under must be accompanied & supervised by someone age 14 and older.

Schedule is subject to change. Please call Redwood for up to date programming (385) 468-1870





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	
					Fitness Room - 6a - 8p	Fitness Room - 9a - 5
					Open Gym - SM Gym - 8a - 12p	Open Gym - LG Gym - 9
					Open Gym - SM Gym - 6p - 8p	Open Gym - SM Gym - 9a
					Open Gym - LG Gym - 8a- 8p	Open Plunge - 2p - 6
					Open Plunge - 4p - 8p	
	3 4	5	6	7	8	
	Fitness Room - 6a - 9p	Fitness Room - 6a - 8p	Fitness Room - 9a - 5			
	Open Gym - SM Gym - 8a - 3p	Open Gym - SM Gym - 8a - 3p	Open Gym - SM Gym - 8a - 3p	Open Gym - SM Gym - 8a - 3p	Open Gym - SM Gym - 8a - 12p	Open Gym - LG Gym - 9
CLOSED	Open Gym - SM Gym - 6p - 9p	Open Gym - SM Gym - 6p - 9p	Open Gym - SM Gym - 6p - 9p	Open Gym - SM Gym - 6p - 9p	Open Gym - SM Gym - 6p - 8p	Open Gym - SM Gym - 90
CLOSED	Open Gym - LG Gym - 8a- 9p	Open Gym - LG Gym - 8a- 9p	Open Gym - LG Gym - 8a- 9p	Open Gym - LG Gym - 8a- 9p	Open Gym - LG Gym - 8a- 8p	Open Plunge - 2p - 6
	Open Plunge - 4p - 8p		Boxing Gym (8+): 3p - 5p		Open Plunge - 4p - 8p	
			Open Plunge - 4p - 8p			
1	0 11	12	13	14	15	
	Fitness Room - 6a - 9p	Fitness Room - 6a - 8p	Fitness Room - 9a - 5			
	Open Gym - SM Gym - 8a - 3p	Open Gym - SM Gym - 8a - 3p	Open Gym - SM Gym - 8a - 3p	Open Gym - SM Gym - 8a - 3p	Open Gym - SM Gym - 8a - 12p	Open Gym - LG Gym - 9
CLOSED	Open Gym - SM Gym - 6p - 9p	Open Gym - SM Gym - 6p - 9p	Open Gym - SM Gym - 6p - 9p	Open Gym - SM Gym - 6p - 9p	Open Gym - SM Gym - 6p - 8p	Open Gym - SM Gym - 90
010012	Open Gym - LG Gym - 8a- 9p	Open Gym - LG Gym - 8a- 9p	Open Gym - LG Gym - 8a- 9p	Open Gym - LG Gym - 8a- 9p	Open Gym - LG Gym - 8a- 8p	Open Plunge - 2p - 6
	Open Plunge - 4p - 8p		Boxing Gym (8+): 3p - 5p		Open Plunge - 4p - 8p	
			Open Plunge - 4p - 8p			
1			-		22	
	Fitness Room - 6a - 9p	Fitness Room - 6a - 8p	Fitness Room - 9a - 5			
	Open Gym - SM Gym - 8a - 3p	Open Gym - SM Gym - 8a - 3p	l · · · · · · · ·	Open Gym - SM Gym - 8a - 3p	Open Gym - SM Gym - 8a - 12p	Open Gym - LG Gym - 9
CLOSED	Open Gym - SM Gym - 6p - 9p	Open Gym - SM Gym - 6p - 9p		Open Gym - SM Gym - 6p - 9p	Open Gym - SM Gym - 6p - 8p	Open Gym - SM Gym - 9
	Open Gym - LG Gym - 8a- 9p	Open Gym - LG Gym - 8a- 9p	Open Gym - LG Gym - 8a- 9p	Open Gym - LG Gym - 8a- 9p	Open Gym - LG Gym - 8a- 8p	Open Plunge - 2p - 6
	Open Plunge - 4p - 8p		Boxing Gym (8+): 3p - 5p		Open Plunge - 4p - 8p	
2	4 25	26	Open Plunge - 4p - 8p	28	29	
	Fitness Room - 6a - 9p	Fitness Room - 6a - 8p	Fitness Room - 9a -			
	Open Gym - SM Gym - 8a - 3p	Open Gym - SM Gym - 8a - 3p	Open Gym - SM Gym - 8a - 3p	Open Gym - SM Gym - 8a - 3p	Open Gym - SM Gym - 8a - 12p	Open Gym - LG Gym - 9
	Open Gym - SM Gym - 6p - 9p	Open Gym - SM Gym - 6p - 9p	l · · · · · · · ·	Open Gym - SM Gym - 6p - 9p	Open Gym - SM Gym - 6p - 8p	Open Gym - SM Gym - 9
CLOSED	Open Gym - LG Gym - 8a- 9p	Open Gym - LG Gym - 8a- 9p	Open Gym - LG Gym - 8a- 9p	Open Gym - LG Gym - 8a- 9p	Open Gym - LG Gym - 8a- 8p	Open Plunge - 2p - 6
	Open Plunge - 4p - 8p		Boxing Gym (8+): 3p - 5p	,	Open Plunge - 4p - 8p	open rionge up
	open rionge - ip - op		Open Plunge - 4p - 8p		open i longe - ip - op	
3	1		openitiong of op			
					IMPORTANT IN	IFORMATION
					Fitness Room - Must be 16 year	ars or older
CLOSED					(14/15 must have a fitness ce	rtification)
CLOSED						
	I		I	I		

Schedule is subject to change. Please call Sorenson for up to date programming (385) 468-1300





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	
					Fitness Room - 5a - 9p	Fitness Room - 7a - 9p
					Youth Open Gym Play - 2p - 5p	Open Gym Play - 9a - 8p
					Open Plunge - 3p - 7p	Open Turf - 10a - 2:30p
					Open Play (checkout games)	Teen Fitness Class - 10a - 11
						Open Play (checkout games
						Open Plunge - 12a - 7p
3	4	5	6		8	
Fitness Room - 10a - 3p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 9p	Fitness Room - 7a - 9p
Open Gym - 10a - 3p		Youth Open Gym Play - 2p - 5p			Youth Open Gym Play - 2p - 5p	Open Gym Play - 9a - 8p
Open Turf - 10a - 2:30p	Youth Open Play - 3p - 5p	Open Plunge - 3p - 8p	Open Plunge - 3p - 8p	Open Plunge - 3p - 8p	Open Plunge - 3p - 7p	Open Turf - 10a - 2:30p
Open Play - 10a - 2:30p	Open Play (checkout games)	Open Play (checkout games)	Open Play (checkout games)	Open Play (checkout games)	Open Play (checkout games)	Teen Fitness Class - 10a - 11
Open Plunge - 10:30a - 2:00p	Open Plunge - 3p - 8p		Volleyball 6-7pm 3rd-6th Grade			Open Play (checkout games
10	,,	10	Volleyball 7-8pm 7th-9th Grade	14	1.5	Open Plunge - 12a - 7p
Fitness Room - 10a - 3p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p		Fitness Room - 5a - 10p	Fitness Room - 5a - 9p	Fitness Room - 7a - 9p
Open Gym - 10a - 3p	Youth Open Gym Play - 2p - 5p	•	Fitness Room - 5a - 10p Youth Open Play - 3p - 5p	•	Youth Open Gym Play - 2p - 5p	Open Gym Play - 9a - 8p
Open Turf - 10a - 2:30p	Youth Open Play - 3p - 5p	Open Plunge - 3p - 8p	Open Plunge - 3p - 8p	Open Plunge - 3p - 8p	Open Plunge - 3p - 7p	Open Turf - 10a - 2:30p
Open Play - 10a - 2:30p	Open Play (checkout games)	Open Play (checkout games)	Open Play (checkout games)	Open Play (checkout games)	Open Play (checkout games)	Teen Fitness Class - 10a - 11
pen Plunge - 10:30a - 2:00p	Open Plunge - 3p - 8p	Open Flay (checkool games)	Volleyball 6-7pm 3rd-6th Grade	Open Flay (checkool games)	Open Flay (checkool games)	Open Play (checkout games
7pen Florige - 10:300 - 2:00p	Open Florige - Sp - Sp		Volleyball 7-8pm 7th-9th Grade			Open Plunge - 12a - 7p
17	18	19		21	22	2
Fitness Room - 10a - 3p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 9p	Fitness Room - 7a - 9p
Open Gym - 10a - 3p	Youth Open Gym Play - 2p - 5p	Youth Open Gym Play - 2p - 5p	Youth Open Play - 3p - 5p	Youth Open Gym Play - 2p - 5p	Youth Open Gym Play - 2p - 5p	Open Gym Play - 9a - 8p
Open Turf - 10a - 2:30p	Youth Open Play - 3p - 5p	Open Plunge - 3p - 8p	Open Plunge - 3p - 8p	Open Plunge - 3p - 8p	Open Plunge - 3p - 7p	Open Turf - 10a - 2:30p
Open Play - 10a - 2:30p	Open Play (checkout games)	Open Play (checkout games)	Open Play (checkout games)	Open Play (checkout games)	Open Play (checkout games)	Teen Fitness Class - 10a - 11
Dpen Plunge - 10:30a - 2:00p	Open Plunge - 3p - 8p					Open Play (checkout games
						Open Plunge - 12a - 7p
24	25	26	27	28	29	3
Fitness Room - 10a - 3p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 9p	Fitness Room - 7a - 9p
Open Gym - 10a - 3p	Youth Open Gym Play - 2p - 5p	Youth Open Gym Play - 2p - 5p	Youth Open Play - 3p - 5p	Youth Open Gym Play - 2p - 5p	Youth Open Gym Play - 2p - 5p	Open Gym Play - 9a - 8p
Open Turf - 10a - 2:30p	Youth Open Play - 3p - 5p	Open Plunge - 3p - 8p	Open Plunge - 3p - 8p	Open Plunge - 3p - 8p	Open Plunge - 3p - 7p	Open Turf - 10a - 2:30p
Open Play - 10a - 2:30p	Open Play (checkout games)	Open Play (checkout games)	Open Play (checkout games)	Open Play (checkout games)	Open Play (checkout games)	Teen Fitness Class - 10a - 11
Dpen Plunge - 10:30α - 2:00p	Open Plunge - 3p - 8p					Open Play (checkout games
						Open Plunge - 12a - 7p
31						
Fitness Room - 10a - 3p					IMPORTANT IN	
Open Gym - 10α - 3p					Fitness Room - Must be 16 ye	
Open Turf - 10a - 2:30p					(14/15 must have a fitness ce	ertitication)
Open Play - 10a - 2:30p						
pen Plunge - 10:30a - 2:00p						

TABLE GAMES Table Games' refers to foosball and air hockey. Pucks/Balls can be checked out for these activities.

STAFF LEAD GAMES Depending upon activity, it may be semi-structured play and organized by age groups by center staff to ensure 'safe play'.

Schedule is subject to change. Please call South Jordan for up to date programming (385) 468-1630





AUGUST | SALT LAKE CITY SPORTS COMPLEX

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2
				Fitness Room - 5a - 10p	Fitness Room - 5a - 10p
				Public Skate - 9:00- 11:00a	Open Plunge - 12p - 6p
				Open Plunge - 12p - 6p	
				Public Skate - 3:15p - 5:15p	
4	5	6	7	8	9
Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p
	Public Skate - 9:00- 11:00a	Public Skate - 9:00- 11:00a	Public Skate - 9:00- 11:00a	Public Skate - 9:00- 11:00a	Open Plunge - 12p - 6p
Open Plunge - 12p - 6p	Open Plunge - 12p - 6p	Open Plunge - 12p - 6p	Open Plunge - 12p - 6p	Open Plunge - 12p - 6p	
					16
•	•	•	•	•	Fitness Room - 5a - 10p
					Open Plunge - 12p - 6p
Open Plunge - 12p - 6p	Open Plunge - 12p - 6p	Open Plunge - 12p - 6p	Open Plunge - 12p - 6p	Open Plunge - 12p - 6p	
10	10	20	21	22	23
					Fitness Room - 5a - 10p
•	•	•	•	•	Open Plunge - 12p - 6p
					oponitionge (2p op
open conge cap op	open tenge tep op	open tionge tip op	open renge rep op	open tenge tep op	
25	26	27	28	29	30
Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p
Public Skate - 9:00- 11:00a	Public Skate - 9:00- 11:00a	Public Skate - 9:00- 11:00a	Public Skate - 9:00- 11:00a	Public Skate - 9:00- 11:00a	Open Plunge - 12p - 6p
Open Plunge - 12p - 6p	Open Plunge - 12p - 6p	Open Plunge - 12p - 6p	Open Plunge - 12p - 6p	Open Plunge - 12p - 6p	
				IMPORTANT IN	
				Fitness Room - Must be 16 ye	ears or older (14/15 must
				·	5415 61 61461 (1 1/16 III661
				have a fitness certification) Additional Fee for Skates and	. ,
P	11 Fitness Room - 5a - 10p Public Skate - 9:00- 11:00a Open Plunge - 12p - 6p 18 Fitness Room - 5a - 10p Public Skate - 9:00- 11:00a Open Plunge - 12p - 6p 25 Fitness Room - 5a - 10p Public Skate - 9:00- 11:00a	Public Skate - 9:00- 11:00a	Fitness Room - 5a - 10p Public Skate - 9:00- 11:00a Open Plunge - 12p - 6p 11 12 13 Fitness Room - 5a - 10p Public Skate - 9:00- 12p - 6p 11 Fitness Room - 5a - 10p Public Skate - 9:00- 11:00a Open Plunge - 12p - 6p 13 Fitness Room - 5a - 10p Public Skate - 9:00- 11:00a Open Plunge - 12p - 6p 18 19 20 Fitness Room - 5a - 10p Public Skate - 9:00- 11:00a Open Plunge - 12p - 6p Public Skate - 9:00- 11:00a Open Plunge - 12p - 6p Fitness Room - 5a - 10p Public Skate - 9:00- 11:00a Open Plunge - 12p - 6p Fitness Room - 5a - 10p Public Skate - 9:00- 11:00a Open Plunge - 12p - 6p Fitness Room - 5a - 10p Public Skate - 9:00- 11:00a Open Plunge - 12p - 6p Fitness Room - 5a - 10p Public Skate - 9:00- 11:00a Open Plunge - 12p - 6p Fitness Room - 5a - 10p Public Skate - 9:00- 11:00a Open Plunge - 12p - 6p Fitness Room - 5a - 10p Public Skate - 9:00- 11:00a Open Plunge - 12p - 6p	Fitness Room - 5a - 10p	Public Skate - 9:00- 11:00a Open Plunge - 12p - 6p Public Skate - 9:00- 11:00a Open Plunge - 12p - 6p Public Skate - 9:00- 11:00a Open Plunge - 12p - 6p Open

Schedule is subject to change. Please call Sports Complex for up to date programming (385) 468-1925





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	
	IMPORTANT INFORMATIO	ON .			Fitness Room - 5a - 9p	Fitness Room - 7a - 7p
ness Room - Must be	16 years or older (14/15 must have	ve a fitness certification)			Open Pickleball Play (west) - 9a - 12p	Open Play - 12p - 6:45p
					Open Basketball Play (east) - 2p - 5p	Supervised Climb - 12:30p - 2:30p
					Rock n' Roll-er Skate - 3p - 4p	Rockwall Certs - 2:30p - 3p
					Open Plunge 12p - 6p	Open Plunge 12p - 6p
3	4	5	6	7	8	•
Fitness Room - 9a - 3p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 9p	Fitness Room - 7a - 7p
Open Play - 9a - 2:45p	Open Pickleball Play (west) - 9a - 12p	Open Pickleball Play (west) - 9a - 12p	Open Pickleball Play (west) - 9a - 12p	Open Pickleball Play (west) - 9a - 12p	Open Pickleball Play (west) - 9a - 12p	Open Play -12p - 6:45p
Open Plunge 12p - 4p	Open Basketball Play (east) - 9a - 12p	Open Basketball Play (east) - 2p - 9p	Open Basketball Play (east) - 9a - 12p	Open Basketball Play (east) - 2p - 9p	Open Basketball Play (east)- 3:30p - 8:30p	Supervised Climb - 12:30p - 2:30p
	Supervised Climb - 5:30p - 8:30p	Rockwall Certs 5:30p - 6:00p	Open Soccer Play (5-10/11-18) - 3p - 5p	Open Soccer Play (5-10/11-18) - 3p - 5p	14/15 Fitness Cert Class - 4p - 5p	Rockwall Certs - 2:30p - 3p
	Open Plunge 12p - 6p	Supervised Climb - 6p - 7:30p	Supervised Climb - 5:30p - 7:30p	Open Plunge 12p - 6p	Rock n' Roll-er Skate - 3p - 4p	Open Plunge 12p - 6p
		Open Plunge 12p - 6p	Open Plunge 12p - 6p		Open Plunge 12p - 6p	_
10	11	12			15	
Fitness Room - 9a - 3p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 9p	Fitness Room - 7a - 7p
Open Play - 9a - 2:45p	Open Pickleball Play (west) - 9a - 12p	Open Pickleball Play (west) - 9a - 12p	Open Pickleball Play (west) - 3p - 5p	Open Pickleball Play (west) - 3p - 5p	Open Pickleball Play (west) - 3p - 5p	Open Play -12p - 6:45p
Open Plunge 12p - 4p	Open Basketball Play (east) - 9a - 12p	Open Basketball Play (east) - 2p - 9p	Open Basketball Play (east) - 3p - 5p	Open Basketball Play (east) - 3p - 9p	Open Basketball Play (east)- 3:30p - 8:30p	Supervised Climb - 12:30p - 2:30p
	Supervised Climb - 5:30p - 8:30p	Rockwall Certs 5:30p - 6:00p	Open Soccer Play (5-10/11-18) - 3p - 5p	Open Soccer Play (5-10/11-18) - 3p - 5p	Rock n' Roll-er Skate - 3p - 4p	Rockwall Certs - 2:30p - 3p
1-	10	Supervised Climb - 6p - 7:30p	Supervised Climb - 5:30p - 7:30p	0.1		Open Plunge 12p - 6p
17 Fitness Room - 9a - 3p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5g - 9p	Fitness Room - 7a - 7p
Open Play - 9a - 2:45p	Open Pickleball Play (west) - 3p - 5p	Open Pickleball Play (west) - 9a - 12p	Open Pickleball Play (west) - 3p - 5p	Open Pickleball Play (west) - 3p - 5p	Open Pickleball Play (west) - 3p - 5p	Open Play -12p - 6:45p
Open Plunge 12p - 4p	Open Basketball Play (east) - 3p - 5p	Open Basketball Play (east) - 3p - 9p	Open Basketball Play (east) - 3p - 5p	Open Basketball Play (east) - 3p - 9p	Open Basketball Play (east) - 3:30p - 8:30p	Supervised Climb - 12:30p - 2:30p
Open Florige 12p - 4p	Supervised Climb - 5:30p - 8:30p	Rockwall Certs 5:30p - 6:00p	Open Soccer Play (5-10/11-18) - 3p - 5p	Open Soccer Play (5-10/11-18) - 3p - 5p	14/15 Fitness Cert Class - 4p - 5p	Rockwall Certs - 2:30p - 3p
	30pc: visca cimib - 3.00p - 0.00p	Supervised Climb - 6p - 7:30p	Supervised Climb - 5:30p - 7:30p	open soccer ridy (s-ro/rr-ro/ - op - sp	Rock n' Roll-er Skate - 3p - 4p	Open Plunge 12p - 6p
24	25		27	28	29	
Fitness Room - 9a - 3p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 9p	Fitness Room - 7a - 7p
Open Play - 9a - 2:45p	Open Pickleball Play (west) - 3p - 5p	Open Pickleball Play (west) - 9a - 12p	Open Pickleball Play (west) - 3p - 5p	Open Pickleball Play (west) - 3p - 5p	Open Pickleball Play (west) - 3p - 5p	Open Play -12p - 6:45p
Open Plunge 12p - 4p	Open Basketball Play (east) - 3p - 5p	Open Basketball Play (east) - 3p - 9p	Open Basketball Play (east) - 3p - 5p	Open Basketball Play (east) - 3p - 9p	Open Basketball Play (east)- 3:30p - 8:30p	Supervised Climb - 12:30p - 2:30p
	Supervised Climb - 5:30p - 8:30p	Rockwall Certs 5:30p - 6:00p	Open Soccer Play (5-10/11-18) - 3p - 5p	Open Soccer Play (5-10/11-18) - 3p - 5p	Rock n' Roll-er Skate - 3p - 4p	Rockwall Certs - 2:30p - 3p
		Supervised Climb - 6p - 7:30p	Supervised Climb - 5:30p - 7:30p			Open Plunge 12p - 6p
31						
Fitness Room - 9a - 3p					IMPORTANT INFORMATION	
Open Play - 9a - 2:45p				Supervised Climb - Must be 5 years	or older.	
Open Plunge 12p - 4p				Rockwall staff available during the	se times to help belay and supervise	users.
				Rockwall specific waiver requried.	Add'I fee for climbing equipment rent	al.

EVENT/ AMENITY & DESCRIPTIONS

OPEN 'PLAY' Open 'drop-in' activities (Pickleball, Soccer and Basketball). Depending upon activity, it may be semi-structured play and organized by age groups by center staff to ensure 'safe play'.

ROCKIN ROLL n' SKATE Bring your 'wheels' and roll to the tunes (rollerblades, rollerskates, skateboards, scooters are welcome). SAFETY FIRST -- WEAR HELMETS & PROPER GEAR - aggressive skaters will be asked to leave.

SUPERVISED CLIMB Ages 6 years and younger need a guardian present.

Schedule is subject to change. Please call Taylorsville for up to date programming (385) 468-1732



