# MY COUNTY REC PASS

# Calendar of Activities NOVEMBER

All Dates & Times are Subject to Change





slco.to/my-county-rec-pass

## **MY COUNTY REC PASS**

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
IMPORTANT IN	NFORMATION					Public Skate - 3:45p - 5:45p
Additional Fee for Skates. He	lmets are free to rent.					
2	3	4	5	6	7	8
Public Skate - 12:45p - 2:45p	Public Skate - 11:45p - 2:45p	Public Skate - 11:45p - 2:45p	Public Skate - 11:45p - 2:45p	Public Skate - 11:45p - 2:45p	Public Skate - 11:45p - 2:45p	Public Skate - 3:45p - 5:45p
	!	Public Skate - 7:30p - 9:30p				
	!					
9	10	11	12	13	14	15
Public Skate - 12:45p - 2:45p	Public Skate - 11:45p - 2:45p	Facility Closed	Public Skate - 11:45p - 2:45p	Public Skate - 11:45p - 2:45p	Public Skate - 11:45p - 2:45p	Public Skate - 3:45p - 5:45p
!	!	Veteran's Day				
	!					
16	17	18	19	20	21	22
Public Skate - 12:45p - 2:45p	Public Skate - 11:45p - 2:45p		Public Skate - 11:45p - 2:45p		Public Skate - 11:45p - 2:45p	Public Skate - 3:45p - 5:45p
, ,	' ' '	Public Skate - 7:30p - 9:30p				Teen Day ONLY Teens
	!					
23			26	27	28	29
Public Skate - 12:45p - 2:45p	Public Skate - 11:45p - 2:45p	Public Skate - 11:45p - 2:45p Public Skate - 7:30p - 9:30p	Public Skate - 11:45p - 2:45p	Facility Closed Happy Thanksgiving	Facility Closed Happy Thanksgiving	Public Skate - 3:45p - 5:45p
		Public 3kate - 7:30p - 9:30p		nappy inanksgiving	nappy inanksgiving	
	,					
30						
Public Skate - 12:45p - 2:45p						
	!					
	!					
		FVENT	/ AMENITY & DESCRIPT	IONS		

Teen night bring your friends and skate to hits and get a free lesson.

Schedule is subject to change. Please call Acord for up to date programming (385) 468-1965





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
IMPORT	ANT INFORMATION					Fitness Room - 9a - 2
Room - Must be 16 must have a fitness	•					
	2 3	4	5	6	7	
	Fitness Room - 7a - 9p	Fitness Room - 9a - 1				
CLOSED	Open Rec Room/Game Room - 3p - 7p	Open Rec Room/Game Room - 3p - 7p	Open Rec Room/Game Room - 3p - 7p	Open Rec Room/Game Room - 3p - 7p	Open Rec Room/Game Room - 3p - 7p	
CLOSED	Open Gym/Basketball - 7a - 9p	Open Gym/Basketball - 7a - 9p	Open Gym/Basketball - 7a - 2p	Open Gym/Basketball - 2p - 9p	Open Gym/Basketball - 7a - 8p	
	9 10	11	12	13	14	
	Fitness Room - 7a - 9p	Facility Closed	Fitness Room - 7a - 9p	Fitness Room - 7a - 9p	Fitness Room - 7a - 9p	Fitness Room - 9a -
CLOSED	Open Rec Room/Game Room - 3p - 7p	Veteran's Day	Open Rec Room/Game Room - 3p - 7p	Open Rec Room/Game Room - 3p - 7p	Open Rec Room/Game Room - 3p - 7p	
CLOSED	Open Gym/Basketball - 7a - 9p		Open Gym/Basketball - 7a - 2p	Open Gym/Basketball - 2p - 9p	Open Gym/Basketball - 7a - 8p	
	16 17	18	19	20	21	
	Fitness Room - 7a - 9p	Fitness Room - 9a -				
CLOSED	Open Rec Room/Game Room - 3p - 7p	Open Rec Room/Game Room - 3p - 7p	Open Rec Room/Game Room - 3p - 7p	Open Rec Room/Game Room - 3p - 7p	Open Rec Room/Game Room - 3p - 7p	
010012	Open Gym/Basketball - 7a - 9p	Open Gym/Basketball - 7a - 9p	Open Gym/Basketball - 7a - 2p	Open Gym/Basketball - 2p - 9p	Open Gym/Basketball - 7a - 8p	
	23 24	25	26	27	28	
	Fitness Room - 7a - 9p	Fitness Room - 7a - 9p	Fitness Room - 7a - 9p	Facility Closed	Facility Closed	Fitness Room - 9a -
CLOSED	Open Rec Room/Game Room - 3p - 7p	Open Rec Room/Game Room - 3p - 7p	Open Rec Room/Game Room - 3p - 7p	Happy Thanksgiving	Happy Thanksgiving	Open Gym/Basketball -
313312	Open Gym/Basketball - 7a - 9p	Open Gym/Basketball - 7a - 9p	Open Gym/Basketball - 7a - 2p			
	30					
CLOSED						

Open Gym/Basketball Come join us for basketball!

Open Rec Room/Game Room Table tennis, fooseball, air hockey, Giant jenga, Connect 4, Pacman, legos, coloring books, etc.

Schedule is subject to change. Please call Central City for up to date programming (385) 468-1550





slco.to/my-county-rec-pass

NOVEMBER   COPPERVIEW RECREATION CENTER								
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
IMPORTANT	INFORMATION					Fitness Room - 8a - 4p		
Fitness Room - Must be 16 yo (14/15 must have a fitness co						Open Gym - LG Gym - 8a - 4p Open Gym - SM Gym - Closed		
2	3	4	5	6	7	8		
Fitness Room - 9a - 1p Open Gym - LG Gym - 9a - 1p	Fitness Room - 6α - 8p Open Gym - LG Gym - 12p - 5:30p Open Gym - SM Gym - 8α - 8p	Fitness Room - 6a - 8p  Open Gym - LG Gym - 1p - 8p  Open Gym - SM Gym - 1p - 8p	Fitness Room - 6a - 8p Open Gym - LG Gym - 12p - 4p Open Gym - SM Gym - 8a - 8p	Fitness Room - 6a - 8p Open Gym - LG Gym - 12:30p - 8p Open Gym - SM Gym - 12:30p - 4p	Fitness Room - 6α - 8p Open Gym - LG Gym - 12p - 5p Open Gym - SM Gym - 3p - 8p	Fitness Room - 8a - 4p Open Gym - LG Gym - 8a - 4p Open Gym - SM Gym - Closed		
9	10	Cooking with Molly - 4:30p-5:30p	Adaptive Bingo Night 4:30-5:30p	Cooking with Molly - 4:30p-5:30p	Arts & Crafts - 4:30p - 5:30p	15		
Fitness Room - 9a - 1p Open Gym - LG Gym - 9a - 1p Open Gym - SM Gym - 9a - 1p	Fitness Room - 6a - 8p  Open Gym - LG Gym - 12p - 5:30p  Open Gym - SM Gym - 8a - 8p	Facility Closed Veteran's Day	Fitness Room - 6a - 8p Open Gym - LG Gym - 12p - 4p Open Gym - SM Gym - 8a - 8p Adaptive Bingo Night 4:30-5:30p	Fitness Room - 6a - 8p Open Gym - LG Gym - 12:30p - 8p Open Gym - SM Gym - 12:30p - 4p Cooking with Molly - 4:30p-5:30p	Fitness Room - 6a - 8p  Open Gym - LG Gym - 12p - 5p  Open Gym - SM Gym - 8a - 8p  Arts & Crafts - 4:30p - 5:30p	Fitness Room - 8a - 4p Open Gym - LG Gym - 8a - 3p Open Gym - SM Gym - Closed		
16	17	18				2:		
Fitness Room - 9a - 1p Open Gym - LG Gym - 9a - 1p Open Gym - SM Gym - 9a - 1p	Fitness Room - 6a - 8p Open Gym - LG Gym - 12p - 5:30p Open Gym - SM Gym - 8a - 8p	Fitness Room - 8a - 2p  Open Gym - LG Gym - 11a - 5:30p  Open Gym - 5M Gym - 1p - 8p  Cooking with Molly - 4:30p-5:30p	Fitness Room - 6a - 8p Open Gym - LG Gym - 12p - 4p Open Gym - SM Gym - 8a - 8p Adaptive Bingo Night 4:30-5:30p	Fitness Room - 6a - 8p  Open Gym - LG Gym - 12:30p - 8p  Open Gym - SM Gym - 8a - 4p  Cooking with Molly - 4:30p-5:30p	Fitness Room - 6a - 8p  Open Gym - LG Gym - 12p - 5p  Open Gym - SM Gym - 8a - 8p  Arts & Crafts - 4:30p - 5:30p	Fitness Room - 8a - 4p Open Gym - LG Gym - 8a - 4p Open Gym - SM Gym - Closed		
23	24				28	29		
Fitness Room - 9a - 1p  Open Gym - LG Gym - 9a - 1p  Open Gym - SM Gym - 9a - 1p	Fitness Room - 6a - 8p	Fitness Room - 8a - 2p Open Gym - LG Gym - 12p - 5:30p Open Gym - SM Gym - 8a - 8p	Fitness Room - 6a - 8p  Open Gym - LG Gym - 12p - 4p  Open Gym - SM Gym - 8a - 8p	Facility Closed Happy Thanksgiving	Facility Closed Happy Thanksgiving	Fitness Room - 8a - 4p Open Gym - LG Gym - 8a - 4p Open Gym - SM Gym - Closed		
30								
Fitness Room - 9a - 1p Open Gym - LG Gym - 9a - 1p Open Gym - SM Gym - 9a - 1p								
		EVE	NT/ AMENITY & DESCRIPT	IONS				

Schedule is subject to change. Please call Copperview for up to date programming (385) 468-1515





NOVEMBER   COUNTY ICE CENTER								
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
IMPORTANT	INFORMATION					Public Skate - 6:45p - 8:45p		
Additional Fee for Skates	and Helmets.							
2	3	4	5	6	7	8		
Public Skate 12:45p-2:45p	Public Skate - 10:00a - 11:30a	Public Skate - 1:15p - 2:45p Public Skate - 7:00p - 9:00p	Public Skate - 1:15p - 2:45p	Public Skate - 1:15p - 2:45p	Public Skate - 10:00a - 11:30a Public Skate - 7:00p - 9:00p	Public Skate - 6:45p - 8:45p		
9	10	11	12	13	14	15		
Public Skate 12:45p-2:45p	Public Skate - 10:00a - 11:30a	Facility Closed Veteran's Day	Public Skate - 1:15p - 2:45p	Public Skate - 1:15p - 2:45p	Public Skate - 10:00a - 11:30a Public Skate - 7:00p - 9:00p	Public Skate - 6:45p - 8:45p		
16	17	18	19	20	21	22		
Public Skate 12:45p-2:45p	Public Skate - 10:00a - 11:30a	Public Skate - 1:15p - 2:45p Public Skate - 7:00p - 9:00p	Public Skate - 1:15p - 2:45p	Public Skate - 1:15p - 2:45p	Public Skate - 10:00a - 11:30a Public Skate - 7:00p - 9:00p	Public Skate - 6:45p - 8:45p		
23	24	25	26	27	28	29		
Public Skate 12:45p-2:45p	Public Skate - 10:00a - 11:30a	Public Skate - 1:15p - 2:45p Public Skate - 7:00p - 9:00p	Public Skate - 1:15p - 2:45p Public Skate - 5:15p - 7:15p	Facility Closed Happy Thanksgiving	Facility Closed Happy Thanksgiving	Public Skate - 10:00a - 12:00p Public Skate - 12:30p - 2:30p Public Skate - 3:00p - 5:00p Public Skate - 5:30p - 7:30p		
30								
Public Skate 12:45p-2:45p Public Skate 3:15p-5:15p								
	Schedule is su	bject to change. Please o	call County Ice Center for	up to date programming	3 (385) 468-1650			





CUNDAY	MONDAY	THECDAY	WEDNIECDAY	THURCHAY	EDID A V	CATUDDAY
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	IMPORTANT INFORMATIO	N				Fitness Room /Track - 7a - 8p
itness Deem Must be 16 w	ears or older (14/15 must have a					Open Gym - 7a - 8p
•	lderSupervised Climb - Must be 5					Open Plunge - 12p-7:30p
•	ng these times to help belay and	•				Supervised Climb - 12p - 3p
	uried. Additional fee for climbing	•				Sopervised Cillib - 12p - Sp
2	3	4	5	6	7	
Fitness Room /Track - 10a - 3p	Fitness Room/Track - 5:30a - 10p	Fitness Room/Track - 5:30a - 10p	Fitness Room/Track - 5:30a - 10p	Fitness Room/Track - 5:30a - 10p	Fitness Room /Track - 5:30a - 8p	Fitness Room /Track - 7a - 8
Open Gym - 10a - 3p	Open Gym - 5:30α - 10p	Open Gym - 5:30a - 10p	Open Gym - 5:30a - 9a, 12p - 10p	Open Gym - 5:30a - 10p	Open Gym - 5:30a - 8p	Open Gym - 7a - 8p
Open Plunge - 12p-2:30p	Open Plunge - 3:30p-7:30p	Open Plunge - 3:30p-7:30p	Open Plunge - 3:30p-7:30p	Open Plunge - 3:30p-7:30p	Open Plunge - 3:30p-7:30p	Open Plunge - 12p-7:30p
	Teen Fitness Class - 6:30p - 7:30p	Supervised Climb - 5p - 7:30p	Homeschool/Preschool Sports - 9a - 12p	Supervised Climb - 7p - 9p		Supervised Climb - 12p - 3p
				After School Sports - 5:15p - 6p		
9	10	11	12	13	14	1
Fitness Room /Track - 10a - 3p	Fitness Room/Track - 5:30a - 10p	Facility Closed	Fitness Room/Track - 5:30a - 10p	Fitness Room/Track - 5:30a - 10p	Fitness Room /Track - 5:30a - 8p	Fitness Room /Track - 7a - 8
Open Gym - 10α - 3p	Open Gym - 5:30a - 10p	Veteran's Day	Open Gym - 5:30a - 9a, 12p - 10p	Open Gym - 5:30α - 10p	Open Gym - 5:30α - 8p	Open Gym - 7a - 8p
Open Plunge - 12p-2:30p	Open Plunge - 3:30p-7:30p		Open Plunge - 3:30p-7:30p	Open Plunge - 3:30p-7:30p	Open Plunge - 3:30p-7:30p	Open Plunge - 12p-7:30p
	Teen Fitness Class - 6:30p - 7:30p		Homeschool/Preschool Sports - 9a - 12p	Supervised Climb - 7p - 9p		Supervised Climb - 12p - 3p
				After School Sports - 5:15p - 6p		
17		10	10	Kids Yoga & Mindfulness - 5p - 6:15p	0.1	
16 Fitness Room /Track - 10a - 3p	Fitness Room/Track - 5:30a - 10p	18 Fitness Room/Track - 5:30a - 10p	Fitness Room/Track - 5:30a - 10p	Fitness Room/Track - 5:30a - 10p	Fitness Room /Track - 5:30a - 8p	Fitness Room /Track - 7a - 8
Open Gym - 10a - 3p	Open Gym - 5:30a - 10p	Open Gym - 5:30a - 10p	Open Gym - 5:30a - 9a, 12p - 10p	Open Gym - 5:30a - 10p	Open Gym - 5:30a - 8p	Open Gym - 7a - 8p
Open Plunge - 12p-2:30p	Open Plunge - 3:30p-7:30p	Open Plunge - 3:30p-7:30p	Open Plunge - 3:30p-7:30p	Open Plunge - 3:30p-7:30p	Open Plunge - 3:30p-7:30p	Open Plunge - 12p-7:30p
open rienge rip incep	Teen Fitness Class - 6:30p - 7:30p	Supervised Climb - 5p - 7:30p	Homeschool/Preschool Sports - 9a - 12p	Supervised Climb - 7p - 9p	open i lenge cheep i leep	Supervised Climb - 12p - 3p
		14/15 Fitness Cert Class - 7p - 8:30p	, , , , , , , , , , , , , , , , , , , ,	After School Sports - 5:15p - 6p		
23	24	25	26		28	2
Fitness Room /Track - 10a - 3p	Fitness Room/Track - 5:30a - 10p	Fitness Room/Track - 5:30a - 10p	Fitness Room/Track - 5:30a - 10p	Facility Closed	Facility Closed	Fitness Room /Track - 7a - 8
Open Gym - 10a - 3p	Open Gym - 5:30α - 10p	Open Gym - 5:30α - 10p	Open Gym - 5:30a - 9a, 12p - 10p	Happy Thanksgiving	Happy Thanksgiving	Open Gym - 7a - 8p
Open Plunge - 12p-2:30p	Open Plunge - 3:30p-7:30p	Open Plunge - 3:30p-7:30p	Open Plunge - 3:30p-7:30p			Open Plunge - 12p-7:30p
	Teen Fitness Class - 6:30p - 7:30p	Supervised Climb - 5p - 7:30p	Homeschool/Preschool Sports - 9a - 12p			Supervised Climb - 12p - 3p
30						
Fitness Room /Track - 10a - 3p						
Open Gym - 10a - 3p						
Open Plunge - 12p-2:30p						
			VENT/ AMENITY & DESCRIPTION	NS		
Kids Yoga & Mindfulness	Registration Required - Thursdays 5-6		propriate yoga & movement, including breath		, meditation, & more. Free with a My (	County Rec Pass□
Homeschool, Preschool &					•	,
Afterschool Sports	Kegistration Required - Wednesday/	Thursday, 3 - 12 yrs. Kids will focus on a	new sport each month and learn basics in a f	un and engaging class. Free with My Count	y Kec Pass.	
Alleischool Spolis						
Open Plunge	Pool currently undergoing maintenanc	e. Please call ahead. If open, typical hou	rs are M-F 3:30p - 7:30p, Sat 12p - 7:30p,	Sun 12p - 2:30p		





### **NOVEMBER | DRAPER RECREATION CENTER**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
	IMPORTANT INFORMATIO	N				Fitness Room - 7a - 7p
Fitness Room - Must be	16 years or older					Open Swim - 12:00p - 6:00pm
(14/15 must have a fitn	ess certification)					Field House - Open Use Varies,
						please call
2	3	4	5	6	7	8
Fitness Room - 10a - 3p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 7:00p	Fitness Room - 7a - 7p
Open Swim - 10a - 3p	Open Swim - 4:30p-8:30p	Open Swim - 4:30p-8:30p	Open Swim - 4:30p-8:30p	Open Swim - 4:30p-8:30p	Open Swim - 4:30p-7:30p	Open Swim - 12:00p - 6:00pm
Field House - Open Use	Field House - Open Use Varies,	Field House - Open Use	Field House - Open Use Varies,			
Varies, please call	please call	Varies, please call	please call	please call	please call	please call
9	10	11	12		14	
Fitness Room - 10a - 3p	Fitness Room - 5a - 10p	Facility Closed	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 7:00p	Fitness Room - 7a - 7p
Open Swim - 10a - 3p	Open Swim - 4:30p-8:30p	Veteran's Day	Open Swim - 4:30p-8:30p	Open Swim - 4:30p-8:30p	Open Swim - 4:30p-7:30p	Open Swim - 12:00p - 6:00pm
Field House - Open Use	Field House - Open Use Varies,		•	Field House - Open Use Varies,	Field House - Open Use Varies,	Field House - Open Use Varies,
Varies, please call	please call		please call	please call	please call	please call
16		18		=-	21	
Fitness Room - 10a - 3p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 7:00p	Fitness Room - 7a - 7p
Open Swim - 10a - 3p	Open Swim - 4:30p-8:30p	Open Swim - 4:30p-8:30p	Open Swim - 4:30p-8:30p	Open Swim - 4:30p-8:30p	Open Swim - 4:30p-7:30p	Open Swim - 12:00p - 6:00pm
Field House - Open Use		Field House - Open Use	•	Field House - Open Use Varies,	Field House - Open Use Varies,	Field House - Open Use Varies
Varies, please call		Varies, please call	please call	please call	please call	please call
23	24	25		·	28	
Fitness Room - 10a - 3p	Fitness Room - 10a - 3p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Facility Closed	Facility Closed	Fitness Room - 7a - 7p
Open Swim - 10a - 3p	Open Swim - 4:30p-8:30p	Open Swim - 4:30p-8:30p	Open Swim - 4:30p-8:30p	Happy Thanksgiving	Happy Thanksgiving	Open Swim - 12:00p - 6:00pm
Field House - Open Use	Field House - Open Use Varies,	Field House - Open Use	Field House - Open Use Varies,			Field House - Open Use Varies,
Varies, please call	please call	Varies, please call	please call			please call
30						
Fitness Room - 10a - 3p						
Open Swim - 10a - 3p						
Field House - Open Use						
Varies, please call						

#### **EVENT/ AMENITY & DESCRIPTIONS**

\*\*\*Some pool amenities (slide, playstructure, etc.) may not be available everyday due to other programming. Please call to verify availability.

Schedule is subject to change. Please call Draper Recreation for up to date programming (385) 468-1995





NOVEMBER   FAIRMONT AQUATIC CENTER								
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
						NO OPEN PLUNGE TODAY SWIM LEGENDS SWIM MEET 1PM - 8PM FAC Closed 12PM - 8PM		
2	3	4	5	6	7			
Open Plunge - 10a - 3:30p		Open Plunge - 4p - 6p	-	Open Plunge - 4p - 6p	Highland vs. CHS Swim Meet 3pm - 6pm	Open Plunge - 2p - 5:30p		
9	10	11	12	13	14	1.		
Open Plunge - 10a - 3:30p		Facility Closed Veteran's Day		Open Plunge - 4p - 6p		Open Plunge - 2p - 5:30p		
16	17	18	19	20	21	2:		
Open Plunge - 10a - 3:30p		Open Plunge - 4p - 6p		NO OPEN PLUNGE TODAY Highland vs. Judge Swim Meet 3pm - 6pm		Open Plunge - 2p - 5:30p		
23	24	25	26	27	28	29		
Open Plunge - 10a - 3:30p		Open Plunge - 4p - 6p	Thanksgiving Break	Facility Closed Happy Thanksgiving	Facility Closed Happy Thanksgiving	Open Plunge - 2p - 5:30p SWIM LEGENDS SWIM MEET 7AM - 1PM FAC Closed 7AM - !PM		
30								
Open Plunge - 10a - 3:30p								

Schedule is subject to change. Please call Fairmont for up to date programming (385) 468-1540





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
IMPORTANT I	NFORMATION					Fitness Room /Track - 7a - 9p
Fitness Room - Must be 16 years	or older	İ				Open Plunge - 12p - 8p
(14/15 must have a fitness certific	cation)					Open Gym/Basketball - 7a - 9p
Track - Must be 10 years or older	w/parent					
2	3	4	5	6	7	8
Fitness Room /Track - 10:30a - 2p	Fitness Room/Track - 5:30a - 9p	Fitness Room /Track - 7a - 9p				
Open Plunge - 10:30a - 2p	Open Plunge - 3:30p - 8p	14/15 Weightroom Cert - 9:30am				
Open Gym/Basketball - 10:30a - 2p	Open Gym/Basketball - 5:30a - 6p	Open Gym/Basketball - 5:30a - 6p	Open Gym/Basketball - 5:30a - 9p	Open Gym/Basketball - 5:30a - 9p	Open Gym/Basketball - 5:30a - 9p	Open Plunge - 12p - 8p
						Open Gym/Basketball - 7a - 9p
9	10	11	12	13	14	15
Fitness Room /Track - 10:30a - 2p	Fitness Room/Track - 5:30a - 9p	Facility Closed	Fitness Room/Track - 5:30a - 9p	Fitness Room/Track - 5:30a - 9p	Fitness Room/Track - 5:30a - 9p	Fitness Room /Track - 7a - 9p
Open Plunge - 10:30a - 2p	Open Plunge - 3:30p - 8p	Veteran's Day	Open Plunge - 3:30p - 8p	Open Plunge - 3:30p - 8p	Open Plunge - 3:30p - 8p	Open Plunge - 12p - 8p
Open Gym/Basketball - 10:30a - 2p	Open Gym/Basketball - 5:30a - 6p		Open Gym/Basketball - 5:30a - 9p	Open Gym/Basketball - 5:30a - 9p	Open Gym/Basketball - 5:30a - 9p	Open Gym/Basketball - 7a - 9p
16	17	18	19	20	21	22
Fitness Room /Track - 10:30a - 2p	Fitness Room/Track - 5:30a - 9p	Fitness Room /Track - 7a - 9p				
Open Plunge - 10:30a - 2p	Open Plunge - 3:30p - 8p	Open Plunge - 12p - 8p				
Open Gym/Basketball - 10:30a - 2p	Open Gym/Basketball - 5:30a - 6p	Open Gym/Basketball - 5:30a - 6p	Open Gym/Basketball - 5:30a - 9p	Open Gym/Basketball - 5:30a - 9p	Open Gym/Basketball - 5:30a - 9p	Open Gym/Basketball - 7a - 9p
		14/15 Weightroom Cert - 4:00pm				
23	24	25	26	·	28	29
Fitness Room /Track - 10:30a - 2p	Fitness Room/Track - 5:30a - 9p	Fitness Room/Track - 5:30a - 9p	Fitness Room/Track - 5:30a - 9p	Facility Closed	Facility Closed	Fitness Room /Track - 7a - 9p
Open Plunge - 10:30a - 2p	Open Plunge - 3:30p - 8p	Open Plunge - 3:30p - 8p	Open Plunge - 3:30p - 8p	Happy Thanksgiving	Happy Thanksgiving	Open Plunge - 12p - 8p
Open Gym/Basketball - 10:30a - 2p	Open Gym/Basketball - 5:30a - 6p	Open Gym/Basketball - 5:30a - 6p	Open Gym/Basketball - 5:30a - 9p			Open Gym/Basketball - 7a - 9p
30						
30		1				
Fitness Room /Track - 10:30a - 2p						

All Group Fitness Classes are open to anyone 16 and older and 14/15 year olds who have attended the Fitness Certification Class.

Schedule is subject to change. Please call Gene Fullmer for up to date programming (385) 468-1951





NOVEMBER   HOLLADAY LIONS RECREATION CENTER								
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
						1		
IMPORTANT IN	NFORMATION					Open Plunge - 12p - 5:30p		
Fitness Room - Must be 16 years or ol	der					Fitness Room (Teen Time 14+) - 12p - 6p		
(14/15 must have a fitness certificatio	n)					14/15 Weightroom Cert 11:00a -12:00p		
Track - Must be 10 years or older								
2	3	4	5	6	7			
Open Plunge - 10a - 2:30p	Open Plunge - 3p - 8:30p	Open Plunge - 3p - 8:30p	Open Plunge - 3p - 8:30p	Open Plunge - 3p - 8:30p	Open Plunge - 3p - 7:30p	Open Plunge - 12p - 5:30p		
Open Gym/Basketball - 12p - 3p	Open Gym/Basketball - 1 p - 9p	Open Gym/Basketball - 1p -5p	Open Gym/Basketball - 1p - 9p	Open Gym/Basketball - 1p - 9p	Open Gym/Basketball - 1p - 8p	Fitness Room (Teen Time 14+) - 12p - 6p		
Fitness Room (Teen Time 14+) - 12p - 3p	Fitness Room (Teen Time 14+) - 6p - 9p	Fitness Room (Teen Time 14+) - 6p - 9p	Fitness Room (Teen Time 14+) - 6p - 9p	Fitness Room (Teen Time 14+) - 6p - 9p	Fitness Room (Teen Time 14+) - 6p - 9p			
		Walking Track Time (10-13yrs) - 4p - 5:30p		Walking Track Time (10-13yrs) - 4p - 5:30p				
9	10		12	13	14			
Open Plunge - 10a - 2:30p	Open Plunge - 3p - 8:30p	Facility Closed	Open Plunge - 3p - 8:30p	Open Plunge - 3p - 8:30p	Open Plunge - 3p - 7:30p	Open Plunge - 12p - 5:30p		
Open Gym/Basketball - 12p - 3p	Open Gym/Basketball - 1 p - 9p	Veteran's Day	Open Gym/Basketball - 1p - 9p	Open Gym/Basketball - 1 p - 4:30p	Open Gym/Basketball - 1 p - 4p	Fitness Room (Teen Time 14+) - 12p - 6p		
Fitness Room (Teen Time 14+) - 12p - 3p	Fitness Room (Teen Time 14+) - 6p - 9p		Fitness Room (Teen Time 14+) - 6p - 9p	Fitness Room (Teen Time 14+) - 6p - 9p	Fitness Room (Teen Time 14+) - 6p - 9p	14/15 Weightroom Cert 11:00a -12:00p		
				Walking Track Time (10-13yrs) - 4p - 5:30p				
				Try-it Volleyball 5-7pm	1			
16				=-				
Open Plunge - 10a - 2:30p	Open Plunge - 3p - 8:30p	Open Plunge - 3p - 8:30p	Open Plunge - 3p - 8:30p	Open Plunge - 3p - 8:30p	Open Plunge - 3p - 7:30p	Open Plunge - 12p - 5:30p		
Open Gym/Basketball - 12p - 3p	Open Gym/Basketball - 1p - 9p	Open Gym/Basketball - 1p -5p	Open Gym/Basketball - 1p - 9p	Open Gym/Basketball - 1 p - 4:30p	Fitness Room (Teen Time 14+) - 6p - 9p	Fitness Room (Teen Time 14+) - 12p - 6p		
Fitness Room (Teen Time 14+) - 12p - 3p	Fitness Room (Teen Time 14+) - 6p - 9p	Fitness Room (Teen Time 14+) - 6p - 9p	Fitness Room (Teen Time 14+) - 6p - 9p	Fitness Room (Teen Time 14+) - 6p - 9p	Open Gym/Basketball - 1p - 8p			
		Walking Track Time (10-13yrs) - 4p - 5:30p		Walking Track Time (10-13yrs) - 4p - 5:30p				
		Craft Nights - 4:30p - 6p		Try-it Soccer - 5-7PM	-			
Ones Blumps 10 x 2.20x		Open Plunge - 3p - 8:30p		Facility Closed	Facility Closed			
Open Plunge - 10a - 2:30p Open Gym/Basketball - 12p - 3p	Open Plunge - 3p - 8:30p Open Gym/Basketball - 1p - 9p	Open Gym/Basketball - 1 p -5p	Open Plunge - 3p - 8:30p Open Gym/Basketball - 1p - 9p	Happy Thanksgiving	Happy Thanksgiving	Open Plunge - 12p - 5:30p Fitness Room (Teen Time 14+) - 12p - 6p		
Fitness Room (Teen Time 14+) - 12p - 3p	' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' '	Fitness Room (Teen Time 14+) - 6p - 9p	Fitness Room (Teen Time 14+) - 6p - 9p	Truppy Trianksgiving	riuppy munksgiving	rimess Room (reen time 14+) = 12p = op		
rimess Room (reen time 14+) - 12p - 3p	riness Room (feeli filme 14+) - op - 4p		rimess Room (feeli filme 14+) - op - 3p					
		Walking Track Time (10-13yrs) - 4p - 5:30p						
30		Craft Nights - 4:30p - 6p						
Open Plunge - 10a - 2:30p								
Open Gym/Basketball - 12p - 3p								
Fitness Room (Teen Time 14+) - 12p - 3p								
, , , , , , , , , , , , , , , , , , , ,								
		E	VENT/ AMENITY & DESCRIPTION	NS				

Schedule is subject to change. Please call Holladay Lions for up to date programming (385) 468-1700





	NOVEM	BER   JL SC	DRENSON R	ECREATION	CENTER	
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
	IMPORTANT INFORMATION	I				Fitness Room/Track - 6:30a - 9p
Fitness Room - Must be 16 ye	ears or older		1			Open Gym (Court 2) - 6:30a - 9p
(14/15 must have a fitness c	ertification)					Rec Room - 8a - 8p
Track - Must be 10 years or o	older					Open Plunge - 12p - 8p
2	3	4	5	6	7	8
Fitness Room/Track - 10a - 3p	Fitness Room/Track - 5a - 10p	Fitness Room/Track - 5a - 9pm	Fitness Room/Track - 6:30a - 9p			
Open Gym (Court 2) - 10a - 3p	Open Gym (Court 2) - 5a - 10p	Open Gym (Court 2) - 5a - 10p	Open Gym (Court 2) - 5a - 10p	Open Gym (Court 2) - 5a - 10p	Open Gym (Court 2) - 5a - 9pm	Open Gym (Court 2) - 6:30α - 9p
Open Plunge - 10:30a - 2:30p	Open Plunge - 3p - 8p	Rec Room - 11am - 8:30p				
	Rec Room - 3:30p - 9:30p	Open Plunge - 12p - 8p				
9	10	11	12	13	14	15
Fitness Room/Track - 10a - 3p	Fitness Room/Track - 5a - 10p	Facility Closed	Fitness Room/Track - 5a - 10p	Fitness Room/Track - 5a - 10p	Fitness Room/Track - 5a - 9pm	Fitness Room/Track - 6:30a - 9p
Open Gym (Court 2) - 10a - 3p	Open Gym (Court 2) - 5a - 10p	Veteran's Day	Open Gym (Court 2) - 5a - 10p	Open Gym (Court 2) - 5a - 10p	Open Gym (Court 2) - 5a - 9pm	Open Gym (Court 2) - 6:30α - 9p
Open Plunge - 10:30α - 2:30p	Open Plunge - 3p - 8p		Open Plunge - 3p - 8p	Open Plunge - 3p - 8p	Open Plunge - 3p - 8p	Rec Room - 11am - 8:30p
	Rec Room - 3:30p - 9:30p		Rec Room - 3:30p - 9:30p	Rec Room - 3:30p - 9:30p	Rec Room - 3:30p - 9:30p	Open Plunge - 12p - 8p
16		18		=		22
Fitness Room/Track - 10a - 3p	'	Fitness Room/Track - 5a - 10p	· ·	Fitness Room/Track - 5a - 10p	Fitness Room/Track - 5a - 9pm	Fitness Room/Track - 6:30a - 9p
Open Gym (Court 2) - 10a - 3p		Open Gym (Court 2) - 5a - 10p	1		Open Gym (Court 2) - 5a - 9pm	Open Gym (Court 2) - 6:30a - 9p
Open Plunge - 10:30α - 2:30p	Open Plunge - 3p - 8p	Rec Room - 11am - 8:30p				
	Rec Room - 3:30p - 9:30p	Open Plunge - 12p - 8p				
23		=-			28	
Fitness Room/Track - 10a - 3p	,	Fitness Room/Track - 5a - 10p	'	Facility Closed	Facility Closed	Fitness Room/Track - 6:30a - 9p
Open Gym (Court 2) - 10a - 3p	Open Gym (Court 2) - 5α - 10p	Open Gym (Court 2) - 5a - 10p	Open Gym (Court 2) - 5a - 10p	Happy Thanksgiving	Happy Thanksgiving	Open Gym (Court 2) - 6:30α - 9p
Open Plunge - 10:30α - 2:30p	Open Plunge - 3p - 8p	Open Plunge - 3p - 8p	Open Plunge - 3p - 8p			Rec Room - 11am - 8:30p
	Rec Room - 3:30p - 9:30p	Rec Room - 3:30p - 9:30p	Rec Room - 3:30p - 9:30p			Open Plunge - 12p - 8p
30						
Fitness Room/Track - 10a - 3p						
Open Gym (Court 2) - 10a - 3p						
Open Plunge - 10:30a - 2:30p						

Schedule is subject to change. Please call JL Sorenson for up to date programming (385) 468-1340





NOVEMBER   MAGNA RECREATION CENTER								
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
IMPORTA	NT INFORMATION					1 Fitness Room/Track - 7a - 6p		
Fitness Room - Must b (14/15 must have a fit Certification class avai	<i>'</i>							
2	3	4	5	6	7	8		
CLOSED	Fitness Room/Track - 3p - 9p Open Gym/Basketball - 3p - 9p	Fitness Room/Track - 3p - 9p	Fitness Room/Track - 3p - 9p	Fitness Room/Track - 3p - 9p	Fitness Room/Track - 3p - 8p Open Gym/Basketball - 3p - 8p	Fitness Room/Track - 7a - 6p		
9	10	11	12	13	14	15		
CLOSED	Fitness Room/Track - 3p - 9p Open Gym/Basketball - 3p - 9p	Facility Closed Veteran's Day	Fitness Room/Track - 3p - 9p	Fitness Room/Track - 3p - 9p	Fitness Room/Track - 3p - 8p Open Gym/Basketball - 3p - 8p	Fitness Room/Track - 7a - 6p		
16	17	18	19	20	21	22		
CLOSED	Fitness Room/Track - 3p - 9p Open Gym/Basketball - 3p - 9p	Fitness Room/Track - 3p - 9p	Fitness Room/Track - 3p - 9p	Fitness Room/Track - 3p - 9p	Fitness Room/Track - 3p - 8p Open Gym/Basketball - 3p - 8p	Fitness Room/Track - 7a - 6p		
23	24	25	26	27	28	29		
CLOSED	Fitness Room/Track - 3p - 9p Open Gym/Basketball - 3p - 9p	Fitness Room/Track - 3p - 9p	Fitness Room/Track - 3p - 9p	Facility Closed Happy Thanksgiving	Facility Closed Happy Thanksgiving	Fitness Room/Track - 7a - 6p		
30								
CLOSED								
		E.	VENT/ AMENITY & DESCR	RIPTIONS	1			

Schedule is subject to change. Please call Magna for up to date programming (385) 468-1835





NOVEMBER   MILLCREEK COMMUNITY CENTER								
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
KEY								
Open Gym =	IMPORTANT	INFORMATION				Fitness Room/Track - 7a - 6		
South Court (3 BB Hoops)	Fitness Room - Must be 16 years	or older						
North Court (1 PB Courts)	(14/15 must have a fitness certif	ication)						
Basketball = 6 Hoops	Track - Must be 10 years or olde	r						
Pickleball = 3 Courts								
2	3	4	5	6	7			
	Fitness Room/Track - 6a - 9p	Fitness Room/Track - 6a - 9p	Fitness Room/Track - 6a - 9p	Fitness Room/Track - 6a - 9p	Fitness Room/Track - 6a - 7p	Fitness Room/Track - 7a - 6		
	Open Gym - 6a - 8a	Open Gym - 6a - 8a	Open Gym - 6a - 8a	Open Gym - 6a-8a	Open Gym - 6a - 8a			
CLOSED	Pickleball - 8a - 1p	Pickleball - 8a - 1p	Pickleball - 8a - 1 p	Pickleball - 8a - 1p	Pickleball 8a - 1 p			

Basketball - 1p - 9p

Fitness Room/Track - 6a - 9p

Open Gym - 6a - 8a

Pickleball - 8a - 1p

Basketball - 1p - 9p

Fitness Room/Track - 6a - 9p

Open Gym - 6a - 8a

Pickleball - 8a - 1p

Basketball - 1p - 9p

Fitness Room/Track - 6a - 9p

12

19

26

Basketball - 1p - 5:30p

Gym Closed - 5:30p - 9p

Fitness Room/Track - 6a - 9p

Open Gym - 6a - 8a

Pickleball - 8a - 1p

Basketball - 1p - 5:30p

Gym Closed - 5:30p - 9p

Fitness Room/Track - 6a - 9p

Open Gym - 6a - 8a

Pickleball - 8a - 1p

Basketball - 1p - 5:30p

Gym Closed - 5:30p - 9p

**Facility Closed** 

13

20

27

	Open Gym - 6a - 8a	Open Gym - 6a - 8a	Open Gym - 6a - 8a	Happy Thanksgiving	Happy Thanksgiving	Pickleball /a - 9a
CLOSED	Pickleball - 8a-1p	Pickleball - 8a - 1 p	Pickleball - 8a - 1p			Open Gym 9a - 12p
	Basketball - 1 p - 9 p	Basketball - 1p - 9p	Basketball - 1p - 9p			Basketball - 12p - 6p
						MCRP Activities - 12p - 5p
30						

#### **EVENT/ AMENITY & DESCRIPTIONS**

MCRP Activities - Fridays 1 pm to 3 pm & Saturdays 12 pm to 5 pm Include Fooseball, Ping Pong, Giant Board Games

Meet MCRP staff in BB Gym for 'Activities' after check in at Front Desk. All ages welcome, 10+ Allowed in gym unsupervised. Under 10 needs adult supervision

Schedule is subject to change. Please call Millcreek for up to date programming (385) 468-1380



Basketball - 1p - 9p

Fitness Room/Track - 6a - 9p

Open Gym - 6a - 8a

Pickleball - 8a - 1p

Basketball - 1p - 9p

Fitness Room/Track - 6a - 9p

Open Gym - 6a - 8a

Pickleball - 8a - 1p

Basketball - 1p - 9p

Fitness Room/Track - 6a - 9p

**CLOSED** 

**CLOSED** 

CLOSED

16

23

10

17

24



Basketball - 1p - 9p

**Facility Closed** 

Veteran's Day

Fitness Room/Track - 6a - 9p

Open Gym - 6a - 8a

Pickleball - 8a - 1p

Basketball - 1p - 9p

Fitness Room/Track - 6a - 9p

11

18

25

Basketball 1p - 7p

MCRP Activities - 1p - 6p

Fitness Room/Track - 6a - 7p

Open Gym - 6a - 8a

Pickleball 8a - 1p

Basketball 1p - 7p

MCRP Activities - 1p - 6p

Fitness Room/Track - 6a - 7p

Open Gym - 6a - 8a

Pickleball 8a - 1p

Basketball 1p - 7p

MCRP Activities - 1p - 6p

**Facility Closed** 

14

21

28

Fitness Room/Track - 7a - 6p

Fitness Room/Track - 7a - 6p

Fitness Room/Track - 7a - 6p

22

29

	NOVEM	IBER   NOR'	THWEST REC	REATION C	ENTER	
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
IMPORTANT INF						Fitness Room/Track - 7a - 7p
Fitness Room - Must be 16 years or o						Open Gym/Basketball - 3p - 7p
(14/15 must have a fitness certificati	on)					Open Swim - 12p - 6:30p
2	3	4	5	6	7	
Fitness Room/Track - 10:30a - 2:30p	Fitness Room/Track - 6a - 9p	Fitness Room/Track - 6a - 9p	Fitness Room/Track - 6a - 9p	Fitness Room/Track - 6a - 9p	Fitness Room/Track - 6a - 8p	Fitness Room/Track - 7a - 7p
Open Gym/Basketball - 10:30a - 2:30p	Open Gym/Basketball - 10a - 6p	Open Gym/Basketball - 6a - 9p	Open Gym/Basketball - 6a - 9p	Open Gym/Basketball - 6a - 9p	Open Gym/Basketball - 6a - 8p	Open Gym/Basketball - 10a - 7p
Open Swim - 10:30a - 2:00p	Open Swim - 4p - 7p		Open Swim - 4p - 7p		Open Swim - 4p - 7p	Open Swim - 12p - 5p
	Kids Café - 5p - 5:30p	Kids Café - 5p - 5:30p	Kids Café - 5p - 5:30p	Kids Café - 5p - 5:30p	Kids Café - 5p - 5:30p	
9	10	11	12	13	14	15
Fitness Room/Track - 10:30a - 2:30p	Fitness Room/Track - 6a - 9p	Facility Closed	Fitness Room/Track - 6a - 9p	Fitness Room/Track - 6a - 9p	Fitness Room/Track - 6a - 8p	Fitness Room/Track - 7a - 7p
Open Gym/Basketball - 10:30a - 2:30p	Open Gym/Basketball - 10a - 6p	Veteran's Day	Open Gym/Basketball - 6a - 9p	Open Gym/Basketball - 6a - 9p	Open Gym/Basketball - 6a - 8p	Open Gym/Basketball - 7a - 7p
Open Swim - 10:30a - 2:00p	Open Swim - 4p - 7p		Open Swim - 12p - 7p		Open Swim - 12p - 7p	<b>Open Swim - 12p - 5p</b>
	Kids Café - 5p - 5:30p		Kids Café - 5p - 5:30p	Kids Café - 5p - 5:30p	Kids Café - 5p - 5:30p	
16	17	18	19	20	21	2:
Fitness Room/Track - 10:30a - 2:30p	Fitness Room/Track - 6a - 9p	Fitness Room/Track - 6a - 9p	Fitness Room/Track - 6a - 9p	Fitness Room/Track - 6a - 9p	Fitness Room/Track - 6a - 8p	Fitness Room/Track - 7a - 7p
Open Gym/Basketball - 10:30a - 2:30p	Open Gym/Basketball - 10a - 6p	Open Gym/Basketball - 6a - 9p	Open Gym/Basketball - 6a - 9p	Open Gym/Basketball - 6a - 9p	Open Gym/Basketball - 6a - 8p	Open Gym/Basketball - 7a - 7p
Open Swim - 10:30a - 2:00p	Open Swim - 4p - 7p		Open Swim - 12p - 7p		Open Swim - 4p - 7p	<b>Open Swim - 12p - 5p</b>
	Youth Hockey 101-5:30p-6:30p					
	Kids Café - 5p - 5:30p	Kids Café - 5p - 5:30p	Kids Café - 5p - 5:30p	Kids Café - 5p - 5:30p	Kids Café - 5p - 5:30p	
23	24	25	26			29
Fitness Room/Track - 10:30a - 2:30p	Fitness Room/Track - 6a - 9p	Fitness Room/Track - 6a - 9p	Fitness Room/Track - 6a - 9p	Facility Closed	Facility Closed	Fitness Room/Track - 7a - 7p
Open Gym/Basketball - 10:30a - 2:30p		Open Gym/Basketball - 6a - 9p	Open Gym/Basketball - 6a - 9p	Happy Thanksgiving	Happy Thanksgiving	Open Gym/Basketball - 7a - 7p
Open Swim - 10:30a - 2:00p	Open Swim - 4p - 7p		Open Swim - 12p - 7p			Open Swim - 12p - 5p
	Kids Café - 5p - 5:30p	Kids Café - 5p - 5:30p	Kids Café - 5p - 5:30p			
30						
Fitness Room/Track - 10:30a - 2:30p						
Open Gym/Basketball - 10:30a - 2:30p						
Open Swim - 10:30a - 2:00p						

Kids Cafe Northwest Community Center will be offering Kids Cafe Dinner through the Utah Food Bank Monday thru Friday from 5:00 p.m.-5:30 p.m. The meal is FREE to all children of the community ages 0-18 years old.

Hockey 101 is the introductory version of the Utah Mammoth's clinic series. You'll learn the basics of holding the stick, stickhandling, passing, and shooting. We'll end the clinic with a scrimmage. Learn the basics from

Youth Hockey 101
the Utah Mammoth's "Tusk Force" and have fun!

Participants will receive a t-shirt and a puck!

Schedule is subject to change. Please call Northwest for up to date programming (385) 468-1305





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
Children age 9 and under mu	IMPORTANT INFORMATION  16 years or older (14/15 must have 1st be accompanied & supervised by er must be within arms reach of som	someone age 14 and older.				Fitness Room - 8a - 4p  Open Racquetball/Wallyball - 12p - 4p  Open Gym - 12 - 4p		
2	3	4	5	6	7			
Fitness Room - 8a - 4p Open Racquetball/Wallyball - 8a - 4p Open Gym - 11a - 4p	Fitness Room - 6a - 9p  Open Racquetball/Wallyball - 3p - 6p  Open Gym - 3p - 5p  Game Room 4-6 pm	Fitness Room - 6a - 9p  Open Racquetball/Wallyball - 3p - 7p  Open Gym - 3p - 6p  Game Room 4-6 pm	Fitness Room - 6a - 9p  Open Racquetball/Wallyball - 3p - 6p  Open Gym - 3p - 5p  Game Room 4-6 pm  Indoor Play Time - 10a - 12p	Fitness Room - 6a - 9p Open Racquetball/Wallyball - 3p - 7p Open Gym - 3p - 6p Game Room 4-6 pm	Fitness Room - 6a - 8p Open Racquetball/Wallyball - 3p - 7p Game Room 4-6 pm	Fitness Room - 8a - 4p Open Racquetball/Wallyball - 12p - 4p Open Gym - 12 - 4p		
9	10			13				
Fitness Room - 8a - 4p Open Racquetball/Wallyball - 8a - 4p Open Gym - 11a - 4p	Fitness Room - 6a - 9p  Open Racquetball/Wallyball - 3p - 6p  Open Gym - 3p - 5p  Game Room 4-6 pm	Facility Closed Veteran's Day	Fitness Room - 6a - 9p  Open Racquetball/Wallyball - 3p - 6p  Open Gym - 3p - 5p  Game Room 4-6 pm  Indoor Play Time - 10a - 12p	Fitness Room - 6a - 9p Open Racquetball/Wallyball - 3p - 7p Open Gym - 3p - 6p Game Room 4-6 pm	Fitness Room - 6a - 8p Open Racquetball/Wallyball - 3p - 7p Game Room 4-6 pm	Fitness Room - 8a - 4p Open Racquetball/Wallyball - 12p - 4  Open Gym - 12 - 4p		
16	17	18	19	20	21	2		
Fitness Room - 8a - 4p Open Racquetball/Wallyball - 8a - 4p Open Gym - 11a - 4p	Fitness Room - 6a - 9p  Open Racquetball/Wallyball - 3p - 6p  Open Gym - 3p - 5p  Game Room 4-6 pm	Fitness Room - 6a - 9p  Open Racquetball/Wallyball - 3p - 7p  Open Gym - 3p - 6p  Game Room 4-6 pm	Fitness Room - 6a - 9p  Open Racquetball Wallyball - 3p - 6p  Open Gym - 3p - 5p  Game Room 4-6 pm  Indoor Play Time - 10a - 12p	Fitness Room - 6a - 9p Open Racquetball/Wallyball - 3p - 7p Open Gym - 3p - 6p Game Room 4-6 pm	Fitness Room - 6a - 8p Open Racquetball,Wallyball - 3p - 7p Game Room 4-6 pm	Fitness Room - 8a - 4p Open Racquetball/Wallyball - 12p - 4  Open Gym - 12 - 4p		
23	24	25	·	27				
Fitness Room - 8a - 4p  Open Racquetball/Wallyball - 8a - 4p  Open Gym - 11a - 4p	Fitness Room - 6a - 9p  Open Racquetball/Wallyball - 3p - 6p  Open Gym - 3p - 5p  Game Room 4-6 pm	Fitness Room - 6a - 9p Open Racquetball/Wallyball - 3p - 7p Open Gym - 3p - 6p Game Room 4-6 pm	Fitness Room - 6a - 9p  Open Racquetball/Wallyball - 3p - 6p  Open Gym - 3p - 6p  Game Room 4-6 pm  Indoor Play Time - 10a - 12p	Facility Closed Happy Thanksgiving	Facility Closed Happy Thanksgiving	Fitness Room - 8a - 4p Open Racquetball/Wallyball - 12p - 4  Open Gym - 12 - 4p		
30			mador ray rine - rou - rzp					
Fitness Room - 8a - 4p  Open Racquetball/Wallyball - 8a - 4p  Open Gym - 11a - 4p								
		E/	VENT/ AMENITY & DESCRIPTION	ONS .				
Fitness Room	Fitness Room - Must be 16 years or older (14/15 must have a fitness certification)							
	Racquets and balls are available to borro	e two wallyball courts and the remainder ow at the front desk and must be returned panied & supervised by someone age 14	at the end of game play.					
Open Gym	Basketballs are available to borrow at th	not allow full court games during open gyr e front desk and must be returned at the e panied & supervised by someone age 14	end of game play.					
Game Room	nis room has table top games such as air hockey, table tennis and connect 4.  Il games are first come first serve, please be courteous and share resources with others and have good sportsmanship.  iame activity room for children ages 6 and up.  hildren age 9 and under must be accompanied & supervised by someone age 14 and older.  tegistration required through redwood.activityreg.com, or in person registration.							
	All games are first come first serve, pleas Indoor Play Time is for children ages 6 an	nildren age 9 and under must be accompanied & supervised by someone age 14 and older.						





	NOVEMBER   SORENSON MULTI-CULTURAL CENTER								
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
IMPORTANT INFORMATION Fitness Room - Must be 16 years or older (14/15 must have a fitness certification)						Fitness Room - 9a - 5p Open Gym - LG Gym - 9a - 5p Open Volleyball- SM Gym - 1p - 5p Open Gym - SM Gym - 9a - 1p Open Plunge - 2p - 6p			
2	3	4	5	6	7	8			
CLOSED	Fitness Room - 6a - 9p Open Gym - SM Gym - 8a - 3p Open Gym - SM Gym - 6p - 9p Open Gym - LG Gym - 8a - 9p Open Plunge - 4p - 8p	Fitness Room - 6a - 9p Open Gym - SM Gym - 8a - 3p Open Gym - SM Gym - 6p - 9p Open Gym - LG Gym - 8a- 9p	Fitness Room - 6a - 9p Open Gym - SM Gym - 8a - 3p Open Volleyball- SM Gym - 6p - 9p Open Gym - LG Gym - 8a- 9p Boxing Gym (8+): 3p - 5p Open Plunge - 4p - 8p	Fitness Room - 6a - 9p Open Gym - SM Gym - 8a - 3p Open Gym - SM Gym - 6p - 9p Open Gym - LG Gym - 8a- 9p	Fitness Room - 6a - 8p  Open Gym - SM Gym - 8a - 12p  Open Gym - SM Gym - 6p - 8p  Open Gym - 1G Gym - 8a - 8p  Open Plunge - 4p - 8p	Fitness Room - 9a - 5p Open Gym - LG Gym - 9a - 5p Open Volleyball- SM Gym - 1p - 5p Open Gym - SM Gym - 9a - 1p Open Plunge - 2p - 6p Turkey Trot fun run 8am			
9	10	11	12	13	14	15			
CLOSED	Fitness Room - 6a - 9p Open Gym - SM Gym - 8a - 3p Open Gym - SM Gym - 6p - 9p Open Gym - LG Gym - 8a- 9p Open Plunge - 4p - 8p	Fitness Room - 6a - 9p Open Gym - SM Gym - 8a - 3p Open Gym - SM Gym - 6p - 9p Open Gym - LG Gym - 8a- 9p	Fitness Room - 6a - 9p Open Gym - SM Gym - 8a - 3p Open Volleyball- SM Gym - 6p - 9p Open Gym - LG Gym - 8a- 9p Boxing Gym (8+): 3p - 5p Open Plunge - 4p - 8p	Fitness Room - 6a - 9p Open Gym - SM Gym - 8a - 3p Open Gym - SM Gym - 6p - 9p Open Gym - LG Gym - 8a- 9p	Fitness Room - 6a - 8p Open Gym - SM Gym - 8a - 12p Open Gym - SM Gym - 6p - 8p Open Gym - LG Gym - 8a- 8p Open Plunge - 4p - 8p	Fitness Room - 9a - 5p Open Gym - LG Gym - 9a - 5p Open Volleyball- SM Gym - 1p - 5p Open Gym - SM Gym - 9a - 1p Open Plunge - 2p - 6p			
16	17	18		20	21	22			
CLOSED	Fitness Room - 6a - 9p Open Gym - SM Gym - 8a - 3p Open Gym - SM Gym - 6p - 9p Open Gym - LG Gym - 8a- 9p Open Plunge - 4p - 8p	Fitness Room - 6a - 9p Open Gym - SM Gym - 8a - 3p Open Gym - SM Gym - 6p - 9p Open Gym - LG Gym - 8a- 9p	Fitness Room - 6a - 9p Open Gym - SM Gym - 8a - 3p Open Volleyball- SM Gym - 6p - 9p Open Gym - LG Gym - 8a- 9p Boxing Gym (8+): 3p - 5p Open Plunge - 4p - 8p	Fitness Room - 6a - 9p Open Gym - SM Gym - 8a - 3p Open Gym - SM Gym - 6p - 9p Open Gym - LG Gym - 8a- 9p	Fitness Room - 6a - 8p Open Gym - SM Gym - 8a - 12p Open Gym - SM Gym - 6p - 8p Open Gym - LG Gym - 8a- 8p Open Plunge - 4p - 8p	Fitness Room - 9a - 5p Open Gym - LG Gym - 9a - 5p Open Volleyball- SM Gym - 1p - 5p Open Gym - SM Gym - 9a - 1p Open Plunge - 2p - 6p			
23	24	25	26	27	28	29			
CLOSED	Fitness Room - 6a - 9p Open Gym - SM Gym - 8a - 3p Open Gym - SM Gym - 6p - 9p Open Gym - LG Gym - 8a- 9p Open Plunge - 4p - 8p	Fitness Room - 6a - 9p Open Gym - 5M Gym - 8a - 3p Open Gym - 5M Gym - 6p - 9p Open Gym - LG Gym - 8a- 9p	Fitness Room - 6a - 9p Open Gym - SM Gym - 8a - 3p Open Volleyball- SM Gym - 6p - 9p Open Gym - LG Gym - 8a- 9p Boxing Gym (8+): 3p - 5p Open Plunge - 4p - 8p	Facility Closed Happy Thanksgiving	Facility Closed Happy Thanksgiving	Fitness Room - 9a - 5p Open Gym - LG Gym - 9a - 5p Open Volleyball- SM Gym - 1p - 5p Open Gym - SM Gym - 9a - 1p Open Plunge - 2p - 6p			
30									
CLOSED									
			EVENT/ AMENITY & DESC	RIPTIONS					

Schedule is subject to change. Please call Sorenson for up to date programming (385) 468-1300





NOVEMBER   SOUTH JORDAN RECREATION CENTER								
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
						1		
	INFORMATION					Fitness Room - 7a - 9p		
Fitness Room - Must be 16 y						Open Gym Play - 2p - 8p		
(14/15 must have a fitness o	certitication)							
2	3	4	5	6	7	8		
Fitness Room - 10a - 3p	Fitness Room - 5a - 10p	Fitness Room - 5a - 9p	Fitness Room - 7a - 9p					
Open Gym - 10a - 3p	Youth Open Gym Play - 2p - 4p	Youth Open Gym Play - 2p - 4p	Youth Open Play - 3p - 5p	Youth Open Gym Play - 2p - 4p	Youth Open Gym Play - 2p - 4p	Open Play (checkout games)		
Open Turf - 10a - 2:30p	Youth Open Play - 3p - 5p	Open Play (checkout games)						
Open Play - 10a - 2:30p	Open Play (checkout games)							
9	10		12			15		
Fitness Room - 10a - 3p	Fitness Room - 5a - 10p	Facility Closed	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 9p	Fitness Room - 7a - 9p		
Open Gym - 10a - 3p	Youth Open Gym Play - 2p - 4p	Veteran's Day	Youth Open Play - 3p - 5p	Youth Open Gym Play - 2p - 4p	Youth Open Gym Play - 2p - 4p	Open Play (checkout games)		
Open Turf - 10a - 2:30p	Youth Open Play - 3p - 5p		Open Play (checkout games)	Open Play (checkout games)	Open Play (checkout games)			
Open Play - 10a - 2:30p	Open Play (checkout games)							
16	17	18	19	20	21	22		
Fitness Room - 10a - 3p	Fitness Room - 5a - 10p	Fitness Room - 5a - 9p	Fitness Room - 7a - 9p					
Open Gym - 10a - 3p	Youth Open Gym Play - 2p - 4p	Youth Open Gym Play - 2p - 4p	Youth Open Gym Play - 2p - 4p	Youth Open Gym Play - 2p - 4p	Youth Open Gym Play - 2p - 4p	Open Play (checkout games)		
Open Turf - 10a - 2:30p	Open Play (checkout games)							
Open Play - 10a - 2:30p								
23	24	25	26	27	28	29		
Fitness Room - 10a - 3p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Facility Closed	Facility Closed	Fitness Room - 7a - 9p		
Open Gym - 10a - 3p	Youth Open Gym Play - 2p - 4p	Youth Open Gym Play - 2p - 4p	Youth Open Play - 3p - 5p	Happy Thanksgiving	Happy Thanksgiving	Open Play (checkout games)		
Open Turf - 10a - 2:30p	Youth Open Play - 3p - 5p	Open Play (checkout games)	Open Play (checkout games)					
Open Play - 10a - 2:30p	Open Play (checkout games)							
30								
Fitness Room - 10a - 3p								
Open Gym - 10a - 3p								
Open Turf - 10a - 2:30p								
Open Play - 10a - 2:30p								

OPEN 'PLAY' Boards Games, Card Games, etc. can be checked out and used for free play in the party room.

TABLE GAMES Table Games' refers to foosball and air hockey. Pucks/Balls can be checked out for these activities.

**STAFF LEAD GAMES** Depending upon activity, it may be semi-structured play and organized by age groups by center staff to ensure 'safe play'.

Schedule is subject to change. Please call South Jordan for up to date programming (385) 468-1630





## **NOVEMBER | SALT LAKE CITY SPORTS COMPLEX**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
-	MPORTANT INFORMATION	1				U of U Home football game
Fitness Room - Must be 16	years or older (14/15 must h	ave a fitness certification)				
Additional Fee for Skates a	nd Helmets.					
2	3	4	5	6	7	8
Fitness Room - 10a - 5p	Fitness Room - 5a - 10p       Fitness Room - 5a - 10p	Fitness Room - 5a - 10p				
Public Skate - 12:30-2:30p	Public Skate - 10:30a-12:30p	Public Skate - 9:45a-11:45a	Public Skate - 10:30a-12:30p	Public Skate - 9:45a-11:45a	Public Skate - 10:30a-12:30p	
		Public Skate - 3:15p-5:15p		Public Skate - 3:15p-5:15p	Public Skate - 3:15p-5:15p	
						1.5
9						15
Fitness Room - 10a - 5p	Fitness Room - 5a - 10p	Facility Closed	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p
Public Skate - 12:30-2:30p	Public Skate - 10:30a-12:30p	Veteran's Day	Public Skate - 10:30a-12:30p	Public Skate - 9:45a-11:45a	Public Skate - 10:30a-12:30p	
				Public Skate - 3:15p-5:15p	Public Skate - 3:15p-5:15p	
16	17	18	19	20	21	22
Fitness Room - 10a - 5p	Fitness Room - 5a - 10p       Fitness Room - 5a - 10p					
Public Skate - 12:30-2:30p	Public Skate - 10:30a-12:30p	Public Skate - 9:45a-11:45a	Public Skate - 10:30a-12:30p	Public Skate - 9:45a-11:45a	Public Skate - 10:30a-12:30p	U of U Home football game
		Public Skate - 3:15p-5:15p		Public Skate - 3:15p-5:15p	Public Skate - 3:15p-5:15p	
23	24	25	26	27	28	29
Fitness Room - 10a - 5p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Facility Closed	Facility Closed	Fitness Room - 5a - 10p
Public Skate - 12:30-2:30p	Public Skate - 10:30a-12:30p	Public Skate - 9:45a-11:45a	Public Skate - 10:30a-12:30p	Happy Thanksgiving	Happy Thanksgiving	
		Public Skate - 3:15p-5:15p				
30						
Fitness Room - 10a - 5p						
Public Skate - 12:30-2:30p						
		EVEN	IT/ AMENITY & DESCRIP	TIONS		

Schedule is subject to change. Please call Sports Complex for up to date programming (385) 468-1925





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	IMPORTANT INFORMATION	ON				Fitness Room - 7a - 7p
ness Room - Must be 1	6 years or older (14/15 must have a	a fitness certification)				Open Play - 12p - 6:45p
pervised Climb - Must b	oe 6 years or older.					Supervised Climb - 12:30p - 2:30
ckwall staff available o	during these times to help belay an	d supervise users. Rockwall				Rockwall Certs - 2:30p - 3p
ecific waiver requried.	Add'I fee for climbing equipment re	ntal.				
2	3	4	5	6	7	
Fitness Room - 9a - 3p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 9p	Fitness Room - 7a - 7p
Open Play - 9a - 2:45p	Open Pickleball Play (west) - 3p - 5p	Open Pickleball Play (west) - 3p - 5p	Open Pickleball Play (west) - 3p - 5p	Open Pickleball Play (west) - 3p - 5p	Open Pickleball Play (west) - 3p - 5p	Open Play -12p - 6:45p
	Open Basketball Play (east) - 3p - 5p	Open Basketball Play (east) - 3p - 9p	Open Basketball Play (east) - 3p - 5p	Open Basketball Play (east) - 3p - 9p	Open Basketball Play (east)- 3:30p - 8:30p	Supervised Climb - 12:30p - 2:3
	Supervised Climb - 5:30p - 8:30p	Rockwall Certs 5:30p - 6:00p	Open Soccer Play (5-10/11-18) - 3p - 5p	Open Soccer Play (5-10/11-18) - 3p - 5p		Rockwall Certs - 2:30p - 3p
		Supervised Climb - 6p - 7:30p	Supervised Climb - 5:30p - 7:30p			
9	10	11	12	13	14	
Fitness Room - 9a - 3p	Fitness Room - 5a - 10p	Facility Closed	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 9p	Fitness Room - 7a - 7p
Open Play - 9a - 2:45p	Open Pickleball Play (west) - 3p - 5p	Veteran's Day	Open Pickleball Play (west) - 3p - 5p	Open Pickleball Play (west) - 3p - 5p	Open Pickleball Play (west) - 3p - 5p	Open Play -12p - 6:45p
	Open Basketball Play (east) - 3p - 5p	•	Open Basketball Play (east) - 3p - 5p	Open Basketball Play (east) - 3p - 9p	Open Basketball Play (east)- 3:30p - 8:30p	Supervised Climb - 12:30p - 2:3
	Supervised Climb - 5:30p - 8:30p		Open Soccer Play (5-10/11-18) - 3p - 5p	Open Soccer Play (5-10/11-18) - 3p - 5p		Rockwall Certs - 2:30p - 3p
			Supervised Climb - 5:30p - 7:30p			
16	17	18	19	20	21	
Fitness Room - 9a - 3p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 9p	Fitness Room - 7a - 7p
Open Play - 9a - 2:45p	Open Pickleball Play (west) - 3p - 5p	Open Pickleball Play (west) - 3p - 5p	Open Pickleball Play (west) - 3p - 5p	Open Pickleball Play (west) - 3p - 5p	Open Pickleball Play (west) - 3p - 5p	Open Play -12p - 6:45p
	Open Basketball Play (east) - 3p - 5p	Open Basketball Play (east) - 3p - 9p	Open Basketball Play (east) - 3p - 5p	Open Basketball Play (east) - 3p - 9p	Open Basketball Play (east)- 3:30p - 8:30p	Supervised Climb - 12:30p - 2:3
	Supervised Climb - 5:30p - 8:30p	Rockwall Certs 5:30p - 6:00p	Open Soccer Play (5-10/11-18) - 3p - 5p	Open Soccer Play (5-10/11-18) - 3p - 5p		Rockwall Certs - 2:30p - 3p
		Supervised Climb - 6p - 7:30p	Supervised Climb - 5:30p - 7:30p			
23	24	25	26	27	28	
Fitness Room - 9a - 3p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Fitness Room - 5a - 10p	Facility Closed	Facility Closed	Fitness Room - 7a - 7p
Open Play - 9a - 2:45p	Open Pickleball Play (west) - 3p - 5p	Open Pickleball Play (west) - 3p - 5p	Open Pickleball Play (west) - 3p - 5p	Happy Thanksgiving	Happy Thanksgiving	Open Play -12p - 6:45p
	Open Basketball Play (east) - 3p - 5p	Open Basketball Play (east) - 3p - 9p	Open Basketball Play (east) - 3p - 5p			Supervised Climb - 12:30p - 2:3
	Supervised Climb - 5:30p - 8:30p	Rockwall Certs 5:30p - 6:00p	Open Soccer Play (5-10/11-18) - 3p - 5p			Rockwall Certs - 2:30p - 3p
		Supervised Climb - 6p - 7:30p	Supervised Climb - 5:30p - 7:30p			
30						
Fitness Room - 9a - 3p						
Open Play - 9a - 2:45p						

OPEN 'PLAY' Open 'drop-in' activities (Pickleball, Soccer and Basketball). Depending upon activity, it may be semi-structured play and organized by age groups by center staff to ensure 'safe play'.

ROCKIN ROLL n' SKATE Bring your 'wheels' and roll to the tunes (rollerblades, rollerskates, skateboards, scooters are welcome). SAFETY FIRST -- WEAR HELMETS & PROPER GEAR - aggressive skaters will be asked to leave.

SUPERVISED CLIMB | Ages 6 years and younger need a guardian present.

Schedule is subject to change. Please call Taylorsville for up to date programming (385) 468-1732



