

# Fall Lap Lane Availability

**August 2025**

## Monday

Time	# Open Lanes
5:30 am–4 pm	3
4 pm–6 pm	0
6 pm–8 pm	3

## Tuesday

Time	# Open Lanes
5:30 am–8:30 am	3
8:30 am–10:45 am	1
10:45 am–4 pm	3
4 pm–6 pm	2
6 pm–8 pm	3

## Wednesday

Time	# Open Lanes
5:30 am–4 pm	3
4 pm–6 pm	0
6 pm–8 pm	3

## Thursday

Time	# Open Lanes
5:30 am–8:30 am	3
8:30 am–10:45 am	1
10:45 am–4 pm	3
4 pm–6 pm	2
6 pm–8 pm	3

## Friday

Time	# Open Lanes
5:30 am–9 am	3
9 am–10 am	1
10 am–2:30 pm	3
2:30 pm–6 pm	0
6 pm–7:30 pm	3

## Saturday

Time	# Open Lanes
7 am–8:30 am	3
8:30 am–12 pm	0
12 pm–5:30 pm	3

## Sunday

Time	# Open Lanes
9 am–2:30 pm	3

Lane availability subject to change. Contact front desk or check website for updates and event closures.



### Holladay Lions Rec Center

1661 E Murray Holladay Rd.  
Salt Lake City, Utah 84117