

Section 1: Applicant Information

Name _____		Date of Birth _____	
Home Address _____	City _____	State _____	ZIP Code _____
Phone Number _____	Email _____		

Section 2: Tanning Establishment Information

Business Name _____	Business Phone Number _____	Business Email _____
Business Address _____	City _____	ZIP Code _____

Section 3: Tanning Operator Test

Select the best answer for each question below.

1. Which of the following is **not** a wavelength of ultraviolet light?
 - a. UVA
 - b. UVB
 - c. UVC
 - d. UVD

2. Which of the following is the longest ultraviolet wave?
 - a. UVA
 - b. UVB
 - c. UVC

3. UVA is usually associated with sunburn.
 - a. True
 - b. False

4. UVB is usually associated with sunburn.
 - a. True
 - b. False

5. Which of the following UV waves is responsible for an increase in the incidence of premature aging, fine wrinkling, age spots, and irregular pigmentation?
 - a. UVA
 - b. UVB
 - c. UVC

6. UVA penetrates deeper into the skin than UVB.
 - a. True
 - b. False

7. The outer layer of the skin is called the:
 - a. Dermis
 - b. Pachydermis
 - c. Epidermis
 - d. Metadermis

8. Skin color is determined by the number of melanocytes in the skin.
 - a. True
 - b. False

9. Tanning is the skin's response to exposure of UV radiation and an effort to protect itself from additional damage.
 - a. True
 - b. False

10. The darkness of a tan is determined by all of the following except:
 - a. The amount of melanin already naturally present in the skin
 - b. The skin's ability to build up additional melanin
 - c. The area of the body exposed
 - d. The color of the individual's eyes
 - e. The age of the individual

11. Tanning more frequently than every 48 hours can encourage burning.
 - a. True
 - b. False

12. Erythema is a deadly form of skin cancer.
 - a. True
 - b. False

13. UV light overexposure has been labeled as the leading cause of skin cancer.
 - a. True
 - b. False

14. Which of the following skin cancer types is the most common and least deadly?
 - a. Squamous cell carcinoma
 - b. Basal cell carcinoma
 - c. Yuba sonoma
 - d. Malignant melanoma

15. Which of the following skin cancer types is the least common but most deadly form that spreads internally?
 - a. Squamous cell carcinoma
 - b. Basal cell carcinoma
 - c. Yuba sonoma
 - d. Malignant melanoma

16. All of the following are indications of melanoma except:
 - a. Asymmetry
 - b. Border irregularity
 - c. Circumference
 - d. Diameter larger than 6mm

17. It is not important to determine skin type if a new patron has been to a tanning establishment before.
 - a. True
 - b. False

18. Photosensitivity is a condition in which the human skin reacts abnormally to light, especially UV rays or sunlight.
 - a. True
 - b. False

19. Which of the following is not a symptom of photosensitivity?
 - a. Cataracts
 - b. Severe burning
 - c. Blotchy formation
 - d. Rash
 - e. Uneven pigmentation

20. Closing your eyes is an acceptable method of protecting the retina and cornea during tanning.
 - a. True
 - b. False

21. When a patron first starts tanning, he or she should:
 - a. Start at the maximum dose and decrease if burning occurs
 - b. Go for ten minutes the first time
 - c. Begin with a shorter exposure time as recommended by the tanning equipment manufacturer and gradually build up to longer exposures.
 - d. Try to "pack in" as many sessions as possible to build up a good base tan

22. Goggles or eye protection must be worn when
- The health inspector is in the building
 - Using any tanning equipment
 - Cleaning and sanitizing tanning equipment
 - Provided by the tanning facility
23. It is not important what the warning sign says as long as it is posted in every booth and patrons understand that they should wear goggles.
- True
 - False
24. It is illegal to advertise or promote tanning equipment using words or phrases such as "Safe," "No harmful rays," or "Free from risk."
- True
 - False
25. Patron forms must be reviewed, signed, and dated by the patron.
- True
 - False
26. Which of the following is **not** a requirement of a tanning operator?
- Must have a Tanning Operator's Certificate
 - Must be present whenever tanning equipment is used
 - Must know how to determine skin type
 - Must be tan
 - Must control UV exposure time
27. Operators must ensure that the facility interior temperature does not exceed _____ degrees F.
- 80
 - 90
 - 100
 - 110
28. The operator must clean and sanitize tanning equipment and goggles after each patron's use.
- True
 - False
29. All 100 watt tanning lamps and bulbs are the same.
- True
 - False

30. When a patron complains that he or she was burned from the use of tanning equipment, the operator must notify the health department.
- a. True
 - b. False

Section 4: Attestation

Review and initial each item below.

- _____ I have watched *The Truth About Tanning Beds* video from U of U Health.
- _____ I have answered all test questions myself without assistance from other individuals.
- _____ I certify that all information I have provided in this application is true and complete.

Applicant Signature

Date

Application fee: \$35

Applications will not be processed without payment.

*Must be using [Adobe Reader](#)
to sign and submit via button.*

For payment: Call **385-468-3835** to provide credit card information (Visa/MasterCard only)

Or print and send check or money order to: Sanitation & Safety Bureau
Environmental Health Division
788 East Woodoak Lane (5380 South)
Murray, Utah 84107

HEALTH DEPARTMENT USE ONLY

Date Paid: _____ Score: _____ Certificate Date: _____

Certificate Number: _____ Issuing Employee: _____

Additional Info: _____