PLAN YOUR CANCER SCREENINGS

Screening Type	Recommended Age	Last Screening Date	Potential Location	My Next Due Date	Notes
Breast Cancer (mammogram)	Women - 40 years				
Cervical Cancer (pap/HPV test) **OR** **Prostate Cancer** (PSA, discussion with doctor)	Cervical Cancer Women - 25 years Prostate Cancer Men - 45 years				
Skin Cancer	20 years				
Colorectal Cancer (FIT/Colonoscopy)	45 years				
Lung Cancer (LDCT Scan/Sputum Cytology)	Smokers- 50 years				
Other _____ (based on personal/family history)					
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Other _____ (based on personal/family history)					

Screen, Support, Strengthen: Cancer Awareness

Don't forget to upload to *Wellsteps*!