

Weekly Message

February is nationally recognized as <u>Black History Month</u>: an opportunity to learn about the history of Black members of our community, acknowledge their struggles, and honor their triumphs.

Black History Month is important for our community because it creates space for critical dialogue surrounding the importance of diversity, what allyship looks like, how to be anti-racist, and more. As Mayor Wilson mentioned in last week's eConnect, "diversity allows for representation and acceptance of all people." Acceptance of diversity is what makes a welcoming community, and as public servants we all have a personal responsibility to understand the importance of diversity in our own lives and within our work at Salt Lake County. To get started in discussions surrounding diversity, we encourage you to participate in the many available I.D.E.A. trainings offered.

This month, we encourage you to learn about, celebrate, and support the Black community by getting involved. Whether you attend the Cultural Fashion Extravaganza and other events hosted by SLCC, take part in the Utah Film Center's Black, Bold & Brilliant series, learn about local Black stories through the Sema Hadithi Foundation, or participate in any of the other events throughout the state, we hope you will continue to appreciate the richness of culture we have here in Salt Lake County.

Mayor's Book Club

Take your love of basketball to the next level by reading *Basketball: A Love Story*—the first book on our <u>community-wide book club</u>'s list. Snag your free copy from Mayor Wilson's office as they have extras on hand.

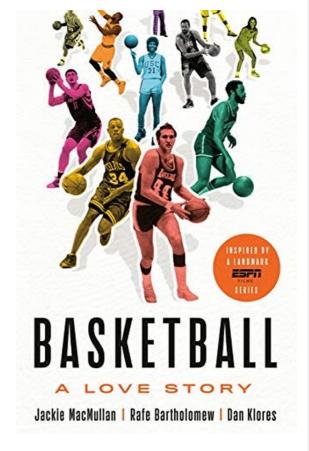
After reading—or even in the middle—be sure to join in on the discussion

Saturday, February 18, at noon for a luncheon with some celebrity guests.

This is an event you don't want to miss!

Space is limited so RSVP today!

Following the lunch, attendees are encouraged to attend the Historic Black College and University (HBCU) basketball game at the University of Utah's Huntsman Center. This game is part of the NBA All-Star weekend celebration and is a great way to honor February as Black History Month.



March into May

Captain registration is now open for Healthy Lifestyle's March into May! Captains must <u>register</u> by **February 22** to ensure their teammates will be able to join their teams.

What is March into May?

March into May is a 6-week team challenge where teams of 4–12 walkers and solo walkers are invited to participate. The goal is to walk an average of 7,000 to 10,000 steps a day to meet the CDC's physical activity guidelines. This is a friendly and social competition with divisions based on similar activity levels. There are three divisions with one winning team from each.

Who Can Participate?

All Healthy Lifestyles participants and SLCo employees are eligible to participate. If you are unable to walk during the challenge, you are encouraged to convert your movement into steps.

How Does It Work?

Participants must record 75% of steps and complete the post-survey to receive 100 points. WellSteps will send weekly notifications to input steps during the 6-week program. WellSteps will display personal steps, team steps, and calculate the leaderboard to show your team's standing against your coworkers.

*Note: General registration for team members opens on February 27. The March into May challenge will run from March 27–May 7.

Free Tax Clinic



WESTMINSTER TAX CLINIC

an official VITA site

Free tax preparation and filing January 23-April 18, 2023

SALT LAKE SITE

Salt Lake County Government Center

2001 South State Street Salt Lake City, UT 84190

Monday-Thursday 4:30-9:30 pm Saturday 10:00 am-6:00 pm

Appointment-only site

WEST VALLEY SITE

SLCC West Valley Center

3460 South 5600 West West Valley City, UT 84120

> Thursday 10:00 am-2:00 pm

Appointment-only site



Point your camera at the QR code and follow the link to schedule an appointment.

PARK CITY SITE

Summit County Library Kimball Junction

1885 West Ute Blvd Park City, UT 84098

Tuesday 10:00 am-2:00 pm

Appointment-only site

Visit

westminstercollege.edu/taxclinic

or call 801.210.8291 to schedule an appointment.









NBA All-Star Experience

Salt Lake County is bubbling with excitement as we gear up for the NBA All-Star experience. There are so many fun ways for residents to be part of the action, including opportunities to win tickets to All-Star events! Learn more here.



Remember to hover over links to ensure they're safe. Safe links should start with one of the following:

- · slco.org
- · slcounty.org
- slco.to
- s2.bl-1.com
- · slcounty.sharepoint.com
- slco.sabacloud.com











COVID Info

eConnect

SLCo Jobs

