

DRAPER SENIOR CENTER

September 2024



September Events

Sept 2- Labor Day

Center will be closed for Labor Day.

Sept 19- Fall Prevention

Build confidence in your ability to prevent falls.

Sept 20- Movie Friday. Thelma!



Sept 26- Center Closes @ 12:30

The center will be closed for the annual staff re-

CENTER INFORMATION

HOURS

Monday - Friday

7:00 AM - 4:00 PM

Transportation Available

CONTACT

(385)468-3330- Main

(385)468-3323- Rick

Staff

Manager: Shawn Ashby

Programs: Rick Dykhuizen

Office: Marianne Bradley

Janitorial: David Lopez

Transportation:

Scott Andrews

Chuck Bradley

Kitchen:

Elevation Catering

ADDRESS

1148 E Pioneer Road

Draper, Utah 84020


WEBSITE

slco.org/draper-senior-center



SALT LAKE
COUNTY

AGING & ADULT
SERVICES

Monday	Tuesday	Wednesday	Thursday	Friday
2.	3.	4.	5.	6.
 <p>Center Closed</p>	9:00 Spanish 101 9:00 Arthritis Exer 9:00 Wood Carving 10:15 Zumba 12:00 Bridge 12:00 Tai Chi Practice 12:30 Mexican Train 12:30 Dot Art Etc. 1:00 Yin Yang Yoga	8:45 Enhance Fitness 9:45 Irish Dance 10:00 Chair Yoga 10:30 Belly Dancing 12:00 Ukulele 1:15 Enhance Fitness 1:30 Hawaiian Dance 2:30 Table Tennis	9:00 Arthritis Exer 10:00 Inter Pottery 12:00 Bridge 12:30 Pinochle 12:30 Mexican Train 2:30 Pickleball 101	8:45 Enhance Fitness 9:00 Arthritis Exer 10:00 Beg Pottery 10:30 Drums Alive 1:00 Chess Club 1:15 Enhance Fitness 2:30 Table Tennis 2:30 Strength Yoga
9.	10.	11.	12.	13.
8:45 Enhance Fitness 9:00 Arthritis Exer 10:00 Ballet 12:00 Book Club 1:00 Guitar 1:00 Mahjong 1:15 Enhance Fitness 2:30 Table Tennis	9:00 Spanish 101 9:00 Arthritis Exer 9:00 Wood Carving 10:15 Zumba 12:00 Bridge 12:00 Tai Chi Practice 12:30 Mexican Train 12:30 Dot Art Etc. 1:00 Yin Yang Yoga	8:45 Enhance Fitness 9:45 Irish Dance 10:00 Chair Yoga 10:30 Belly Dancing 12:00 Ukulele 1:00 Bingo! 1:15 Enhance Fitness 1:30 Hawaiian Dance 2:30 Table Tennis	9:00 Arthritis Exer 10:00 Inter Pottery 10:30 Coins w Gene 12:00 Bridge 12:30 Pinochle 12:30 Mexican Train 2:30 Pickleball 101	8:45 Enhance Fitness 9:00 Arthritis Exer 10:00 Beg Pottery 10:30 Drums Alive 1:00 Chess Club 1:15 Enhance Fitness 1:30 Mahjong 2:30 Table Tennis 2:30 Strength Yoga
16.	17.	18.	19.	20.
8:45 Enhance Fitness 9:00 Arthritis Exer 10:00 Ballet 1:00 Guitar 1:00 Mahjong 1:15 Enhance Fitness 2:30 Table Tennis	9:00 Spanish 101 9:00 Arthritis Exer 9:00 Wood Carving 10:15 Zumba 12:00 Bridge 12:00 Tai Chi Practice 12:30 Mexican Train 12:30 Dot Art Etc. 1:00 Yin Yang Yoga.	8:45 Enhance Fitness 9:45 Irish Dance 10:00 Chair Yoga 10:30 Belly Dancing 12:00 Ukulele 1:15 Enhance Fitness 1:30 Hawaiian Dance 2:30 Table Tennis	9:00 Arthritis Exer 10:00 Inter Pottery 10:00 Fall Prevention 12:00 Bridge 12:30 Pinochle 12:30 Mexican Train 2:30 Pickleball 101	8:45 Enhance Fitness 9:00 Arthritis Exer 10:00 Beg Pottery 10:30 Drums Alive 11:45 Movie Friday 1:00 Chess Club 1:15 Enhance Fitness 2:30 Table Tennis 2:30 Strength Yoga
23.	24.	25.	26.	27.
8:45 Enhance Fitness 9:00 Arthritis Exer 10:00 Ballet 1:00 Guitar 1:00 Mahjong 1:15 Enhance Fitness 2:30 Table Tennis	9:00 Scales & Tales 9:00 Spanish 101 9:00 Arthritis Exer 9:00 Wood Carving 10:15 Zumba 12:00 Bridge 12:00 Farmers Market 12:30 Mexican Train 12:30 Dot Art Etc.	8:45 Enhance Fitness 9:45 Irish Dance 10:00 Chair Yoga 10:30 Belly Dancing 12:00 Ukulele 1:15 Enhance Fitness 1:30 Hawaiian Dance 2:30 Table Tennis	9:00 Arthritis Exer 10:00 Inter Pottery 12:00 Bridge 12:30 Pinochle <p style="text-align: center;">Center Closed @ 12:30p</p>	8:45 Enhance Fitness 9:00 Arthritis Exer 10:00 Beg Pottery 10:30 Drums Alive 1:00 Chess Club 1:15 Enhance Fitness 1:30 Mahjong 2:30 Table Tennis 2:30 Strength Yoga
30.				
8:45 Enhance Fitness 9:00 Arthritis Exer 10:00 Ballet 1:00 Guitar 1:00 Mahjong 1:15 Enhance Fitness 2:30 Table Tennis	 <p>Get U Moving— every Tuesday & Thursday at 1:00pm!</p>		 	<p>Sack lunches will be given out from 11:30-12:30</p>