

# Veteran's Caregiver Group



## Virtual Group

This group is designed for veterans who need access to resources and support outside the VA system to care for family, friends, or others. Learn about resources, share ideas, develop care skills. Relax and share with peers.

The group is for caregivers only. Thank you for your understanding.

- **The 1st Thursday of each month from 10:30 to 11:30 AM**
- **Virtual, the link is sent to registered participants**

Contact **Kathy** at **385-468-3281** or register online at [saltlakecounty.gov/aging-adult-services/calendar/](https://saltlakecounty.gov/aging-adult-services/calendar/)



**Salt Lake County Aging & Adult Services**

2001 S State Street SI-600, Salt Lake City, Utah 84190

385-468-3280 | TTY 7.1.1 | [saltlakecounty.gov/caregiver](https://saltlakecounty.gov/caregiver) | @slcoaging