

Caregiver Support Group



Riverton Senior Center

Join your fellow caregivers for an hour of relief and support. Share resources, ideas, and more. Relax together away from your daily tasks.

- **The 3rd Thursday of each month from 9:00 to 10:00 AM**
- **Riverton Senior Center, 12914 S Redwood Rd, Riverton UT**

Participants must also be caring for another individual to attend. A reservation is required to attend. Caregivers are not able to bring the person they care for with them to this group. Thank you.

Contact **Kathy** at **385-468-3281** or
ksnelson@saltlakecounty.gov to sign up.



Salt Lake County Aging & Adult Services

2001 S State Street SI-600, Salt Lake City, Utah 84190

385-468-3280 | TTY 7-1-1 | saltlakecounty.gov/caregiver | @slcoaging