

# Caregiver Support Group

## Millcreek Senior Center



Join your fellow caregivers for an hour of relief and support. Share resources, ideas, and more. Relax together away from your daily tasks.

- **The 4th Tuesday of each month from 10:30 to 11:30 AM**
- **Millcreek Senior Center, 2266 East Evergreen Ave, Millcreek.**
- **Group will be held in the Evergreen Room.**

A reservation is required to attend. Participants must also be caring for another individual to attend. Caregivers are not able to bring the person they care for with them to this group. Thank you for your understanding.

Contact **Kathy** at **385-468-3281** or  
[ksnelson@saltlakecounty.gov](mailto:ksnelson@saltlakecounty.gov) to sign up.



**Salt Lake County Aging & Adult Services**

2001 S State Street SI-600, Salt Lake City, Utah 84190

385-468-3280 | TTY 7-1-1 | [saltlakecounty.gov/caregiver](http://saltlakecounty.gov/caregiver) | @slcoaging