

July

2025 Menu



AGING & ADULT SERVICES

Lunch served from 11:30 - 12:15PM

Suggested Donation: \$4.00

To donate online, please visit

<https://slco.org/aging-adult-services/get-involved/>

and click on the “Donate” button

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Cottage Cheese & Peaches over Greens Whole Wheat Roll Red Fruited Gelatin	Swedish Meatballs Whipped Potatoes Carrots w/Onions Seasonal Fresh Fruit	BBQ Pork Rib Patty Sandwich Ranch Beans Macaroni & Cheese Coleslaw Frosted Cake	Independence Day Center Closed
7	8	9	10	11
Chicken Thigh w/ Cordon Bleu Sauce Mashed Spiced Yams Mixed Vegetables Pineapple Tidbits	Meatloaf (Birthday Meal) Whipped Potatoes w/Brown Gravy Stewed Tomatoes Green Beans Frosted Birthday Cake	Chef Salad Beets & Mandarin Oranges Orange Salad Fruited Gelatin Saltine Crackers	Breaded Fish Sandwich Peas & Carrots Mixed Fruit	Butter Chicken Jasmine Rice Cabbage & Carrots Hot Mixed Fruit Lemon Pudding
14	15	16	17	18
Italian Turkey Pasta Bake Mixed Vegetables Peaches Pineapple Lime Whip	Egg Salad Sandwich Kidney Bean Salad Mixed Fruit Orange Gelatin	BBQ Hamburger Baked Beans Brussel Sprouts & Corn	Salisbury Steak Garlic Whipped Potatoes w/Brown Gravy Carrots Pears	Chicken Ceasar Salad Mandarin Oranges Saltine Crackers Fresh Baked Cookie
21	22	23	24	25
Nacho Cheese Chicken Spanish Brown Rice Mixed Vegetables Seasonal Fresh Fruit Fresh Baked Cookie	Swedish Meatballs Penne Pasta Mixed Green Salad Mixed Vegetable Blend Hot Cinnamon Applesauce Butterscotch Pudding	Bratwurst w/Sauerkraut Tater Tot Casserole Cucumber & Tomato Salad Seasonal Fresh Fruit Fresh Baked Cookie	Pioneer Day Center Closed	Potato Crusted Fish Florentine Rice Cabbage & Carrots Seasonal Fresh Fruit Strawberry Gelatin
28	29	30	31	
Cheese Omelet w/Creole Sauce Red Diced Potatoes Stewed Tomatoes Seasonal Fresh Fruit Raspberry Gelatin	Chicken Fajita Bowl Brown Rice w/Cilantro Whole Kernel Corn Black Beans Seasonal Fresh Fruit Pineapple Orange Whip	BBQ Pork Rib Patty Sandwich Baked Beans Mixed Green Salad Rosy Pears	Meatballs w/Country Gravy Whipped Potatoes Carrots Seasonal Fresh Fruit	

Some items may be subject to change due to product availability | All meals served with 8 oz milk and appropriate condiments