

September 2024 Menu

Lunch served from 11:30 AM – 1:30 PM
 Draper: 385-468-3330 Midvale: 385-468-3350 Millcreek: 385-468-3305

Suggested Donation: \$4.00

To donate online, please visit <https://slco.org/aging-adult-services/get-involved/>
 and click on the “Donate” button



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Labor Day Center Closed	Cheeseburger Coleslaw Fresh Fruit	Chicken Breast w/Cordon Blue Sauce White Steamed Rice Green Bean Casserole Fresh Fruit Gelatin	Pork Chop Mashed Sweet Potatoes Mixed Green Salad Fresh Fruit	Open Face Turkey Sandwich Mashed Potatoes w/Poultry Gravy Mixed Vegetables Fresh Fruit Sherbet
9	10	11	12	13
Turkey Cobb Salad Whole Wheat Roll Fresh Fruit Pudding	Breaded Fish w/Lemon Caper Sauce Brown Rice Steamed Vegetable Blend Fresh Fruit	Beef Burrito Southwest Salad Fresh Fruit Gelatin	Chicken Stir Fry Jasmine Rice Steamed Vegetable Blend Fresh Fruit	BBQ Pulled Pork Sandwich Steamed Broccoli Fresh Fruit Sherbet
16	17	18	19	20
Meatloaf Mashed Potatoes w/Brown Gravy Steamed Vegetables Fresh Fruit Pudding	Greek Chicken Thigh Bowl Jasmine Rice Fresh Fruit	Chicken Taco Salad Refried Beans Fresh Fruit Gelatin	Beef & Bean Chili Cornbread Southwest Salad Fresh Fruit	Chicken Alfredo Pasta Garlic Bread Steamed Vegetables Fresh Fruit Sherbet
23	24	25	26	27
Shrimp Stir Fry Jasmine Rice Steamed Vegetables Fresh fruit Pudding	Roasted Chicken Thigh Buttered Noodles Mixed Green Salad Whole Wheat Roll Fresh Fruit	Pork Chop Au Gratin Potatoes Mixed Green Salad Fresh Fruit Gelatin	Sack Lunch Lunch is served from 11 AM to 12:30 PM Center Closes at 12:30	Beef Tacos Brown Rice Black Beans Mixed Green Salad Fresh Fruit Sherbet
30				
Lemon Grass Chicken Noodle Bowl Vermicelli Noodles Fresh Fruit Pudding				

Some items may be subject to change due to product availability | All meals served with 8 oz milk and appropriate condiments
 Average calories per meal range from 666-733 calories